Lanmei Magazine

TIME TO TRAVEL



ISSUE 03
APR-JUN 2019

DESDE 1551

CODORNÍU



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CONTENTS

06 ABOUT THE AIRLINE
07 MESSAGE FROM OUR TEAM
10 EVENTS AND CALENDAR
12 GUIDE FOR A GOOD BIKE TRIP









Getting Around Cambodia

16 PHNOM PENH
16 Toul Sleng : Visiting the Hell on earth
20 Getting Out ! Best Weekend Activities
24 Cool Hidden Bars in the Capital

26 KAMPONG CHHNANG
26 A legacy made of clay





Foodies' Pages

30 DISHES YOU MUST TRY IN PHNOM PENH

Cambodian Culture

32 TOP CONTEMPORARY ART SPACES IN PHNOM PENH
36 THE MYTH OF MONIMEKHALA AND REAM EYSO

61-74 探索柬埔寨









CONTENTS

Asia

40 THAILAND
- 40 Visiting the Grand Palace
- 44 Five Great Floating Markets

46 HONG KONG
- 46 Visiting Lantau island

48 CHINA
- 48 Top Things to Do in Tianjin
- 50 Mawangdui Han Tombs

52 MACAU
- 52 Macao Giant Panda Pavilion

56 VIETNAM
- 56 Temple of Literature in Hanoi













76 BEING AN ULTIMATE MINIMALIST TRAVELLER

78 EMERGENCY PHONE NUMBERS

80 OUR ROUTES & SCHEDULES

84 LANMEI EVENTS & ACTIVITIES

86 AVIATION SAFETY

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WHITENING & HYDRATING CLEANSER

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Visage Skin Care

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VISAGE

clé pour belle peau

ABOUT THE AIRLINE

LANMEI AIRLINES FLIGHT LQ 670



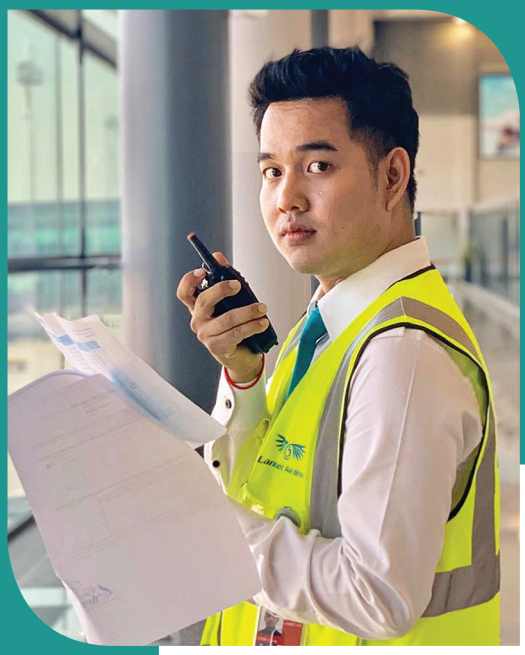
On January 30 2019, Lanmei Airlines flight LQ 670 took off from Phnom Penh to Bangkok at 9:10 local time. About 7 minutes later an engine indication defects occurred on aircraft's left engine and the Captain made a return decision decisively after a quick reaction. 40 minutes later after take-off, the flight LQ 670 landed safely in Phnom Penh.

On February 1, Lanmei Airlines held a Commendation Meeting, LQ 670 flight crew with Lanmei Airlines' Operation VP Chan Chee Seng as the Pilot-in-Command, a total number of 8 flight crew got praised and rewarded. During the handling of this special situation, LQ 670's flight crew reacted decisively and calmly, they worked closely with each other and handled it in a professional manner, which showed remarkable operation capability and psychological quality and guaranteed passengers' personal and property security.
The proper handling of this case demonstrated a scientific and strict flight-training System of Lanmei Airlines, which was also a vivid embodiment of pilots fulfilling Lanmei Airlines' safety culture. With a concept of "Safety is the First Priority" and proceeds with pilots' flying skills as well as their ideology, Flight Operation Department constantly strengthens specific tasks training and strictly implements SOP, and establishes Safety Management Regulation, Pilots Performance Rating & Promotion Mechanism etc. The F.O.D. has always been concentrating on improving t pilots' comprehensive ability on safe-flying so as to guarantee the best operation quality.

"No ending for safety improvement, extreme safety comes from details". Lanmei Airlines focuses 100% on the safe operation. Currently Lanmei Airlines possesses the most advanced Operation Control System and the most preeminent Safety Management System among Cambodia. At the same time, Lanmei Airlines is the only organization in Cambodia to have the component maintenance ability and the CAAC 145-Part Maintenance Organization Certificate.

In the year of 2018, Lanmei Airlines launched a total number of 4495 flights, more than half million passengers were transported, given the facts of this, Lanmei Airlines was awarded the Friendship Medal by the Ministry of Commerce of Cambodia.

In the upcoming journey, with upholding its mission of building up the "sky highway" for six Lanmei Nations, injecting impetus to the One Belt and One Road economic development and forging world's first popular airline with new generation of E-commerce, Lanmei Airlines shall keep working on optimizing its safety operation and improving service, providing for passengers an even better and safer flight experience.



MESSAGE FROM OUR TEAM

WELCOME ABOARD!

Sour Sdey! My name is Dara, I am an Airport Customer Service Deputy Manager from Lanmei Airlines (Cambodia). As for our duty, we provide check-in service at the check-in counter, provide flight boarding service at the flight boarding gate, and assist the flight arrival with the professional manner. I like to meet people and enjoy seeing the essence of satisfaction of my job, and what I have learn from my previous job-related experience is passion and working in the multitasking way. The most difficult challenging task is that we don't really know what could happen everyday like it could be a good day or it could be a bad day, because we are dealing with passengers every day. Mover, all passengers have different character and culture. Plus, working in this carrier we are required a good physical working environment because sometimes we need to stand 2 hours to 3 hours or sometimes we need to walk around to assist passengers from one end to the other end of the airport. For the daily task, I need to monitor the check-in counter, boarding gate, and sometimes I need to train the new employees. In addition, we need to have a good time management and we need to make sure that the flight is departed on times and ensure all the passenger are boarded to aircraft which strictly comply with safety and security rule.

Working as the Airport Customer Service, Therefore, the most important thing is that we also need the good teamwork spirit and be a good team player because we cannot achieve every goal by our own. I like to work with Lanmei Airlines because I can develop both soft skills and hard skills, and make myself more challenging. Hence, Lanmei Airlines employee's image is "faithful, professional, honest and striving" and we will keep "serving the public" as our service idea. Lanmei Airlines is committed to forging first-class and unique aviation service.

ZENEARTH Co., Ltd.

ZENEARTH is a media, events and marketing agency that provides a full range of services, including but not limited to advertising, event management, creative design and strategic marketing. Our competitive rates for advertising are an advantage for companies who are looking for efficient means to get their message across to the right target market.



WHAT WE DO

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Your brand is the most important asset that you own. Integrating creative graphic designs, successful marketing strategies and effective advertisements, we are not only able to bring forth the best of your brand but also create a lasting impression using interesting brand engagement marketing campaigns.





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Thanks to our creative design and strategic marketing, we help clients understand and reach audiences, build brands, sell products and services, grow their businesses and prepare for the future. Our experienced social media advertising team work with you to expedite the results that you want. We allow you to leverage on the most cost-effective and targeted form of advertising available today.

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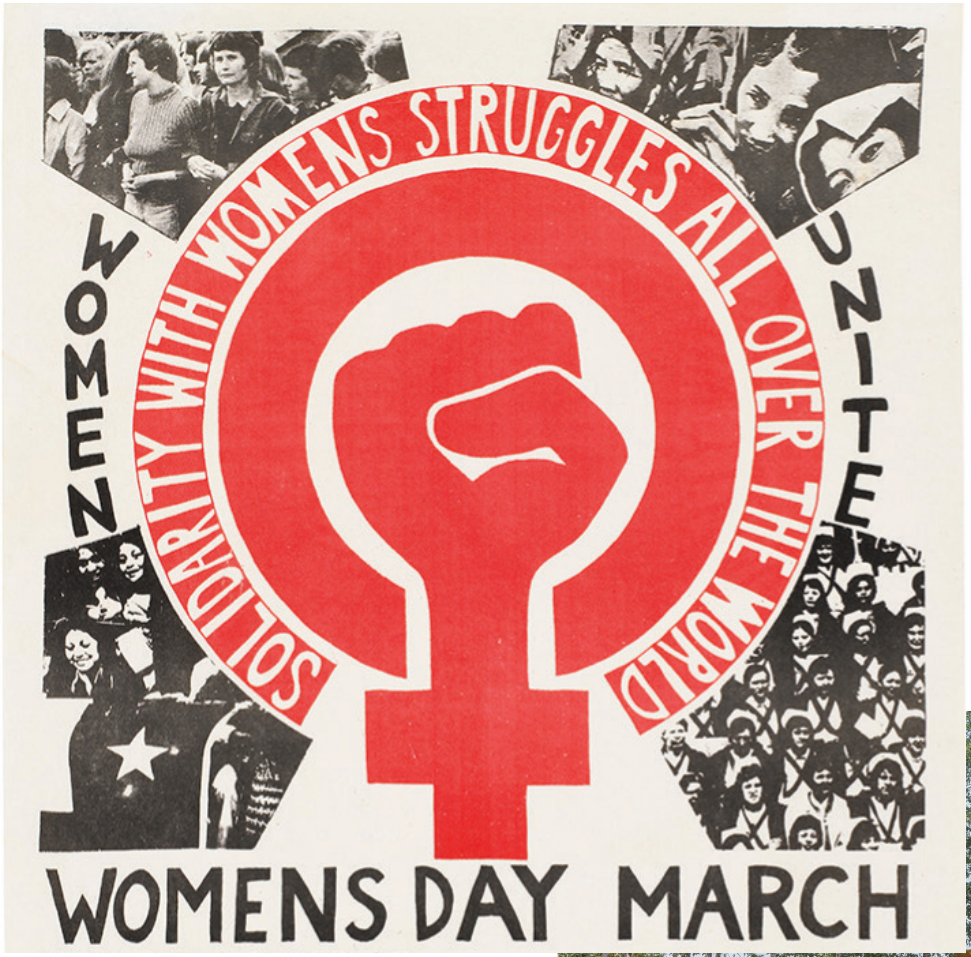
EVENT MANAGEMENT



Looking for a trusted event management and creative marketing agency for your next grand opening, trade show, concert or product launch? We provide creative development and excellent execution for all types of events. Our work also involves devising the event concept and coordinating technical aspects before launching the event. Contact Zenearth to make your next event a success.

Zenearth Co., Ltd.
G/F, The Office No. 79, Street 350,
BKK3, Phnom Penh, Cambodia

EVENTS AND CA



March 8
International Women's Day

Like many other countries, Cambodia celebrates International Women's Day to honour women. Many local shops and restaurants offer special promotions to their female customers on this day while organizations celebrate it through arts and creativity. Many young men and boys also buy gifts, such as flowers, stuffed animals and dresses for their mothers, sisters, female friends, wives and lovers.

April 14-16
Khmer New Year Day

Khmer New Year Day, also known as Lunar New Year, is the biggest holiday celebration in Cambodia, as well as the best time of the year to visit Cambodia. The Cambodians believe that there are seven goddesses taking turns to look after humans, and the New Year goddess comes to replace the Previous Year goddess on the first day of the Khmer New Year. The Cambodians, no matter how poor they are, always prepare some food to receive the New Year goddess. It is also one of the best periods of the year for long trips. However,



DECORATION IN ANGKOR THOM DURING ANGKOR SANGKRAN

ALENDARS

most people in the city choose to visit their hometown, to enjoy a nice gathering with their families and relatives.

During the Khmer New Year, the Cambodian families, most of whom are Buddhists, go to the pagodas with food and money for the monks and pray for good merit. People, especially the teenagers, are seen playing traditional games or performing traditional dances such as Ramvong and Saravan almost everywhere in the country. The biggest celebration is the Angkor Sangkran festival, a cultural event held in Siem Reap, which has drawn up to a million tourists each year since 2013.



MONUMENT DEDICATED TO THE KING OF CAMBODIA, NORODOM SIHAMONI, AT ROYAL PALACE SQUARE

May 13-15
King's Birthday

In mid-May, the Cambodians celebrate the birthday of King Norodom Sihamoni, who has been reigning over Cambodia since 2004.

May 22
Royal Ploughing Day

The ceremony marks the beginning of the rice growing season in Cambodia. It also predicts the weather, epidemics and farming conditions



BAYON TEMPLE ILLUMINATED FOR KHMER NEW YEAR



LOCAL CAMBODIAN SELLER, FLOATING MARKET SIEM REAP

Guide for a good bike trip IN CAMBODIA



A true adventurer will always appreciate a nice bike trip despite conditions. For an adventurous biker, there is nothing as exciting as twisting the throttle as his or her bike moves along a road, forest, or any other scenic location. In Southeast Asia, Thailand and Vietnam may be the most popular destinations, but Cambodia is well worth a consideration as it is less busy and touristy.

If you plan to go motorcycling in Cambodia, you should read through this guide to ensure a life changing trip.



MOTORBIKE RENTAL SHOP IN CAMBODIA

Renting a Motorbike

Driver License:

The rental shops in Cambodia will require your passport but not your driver license. Basically, you can rent a bike as long as you know how to ride one. Motorbike drivers whose rides are 125cc or less will no longer need a license. However, you should always have a license while driving in Cambodia.

Choosing a bike:

You should choose a Honda, which is the most commonly used brand in Cambodia, so that you can find spare parts easily on the road if the bike breaks down. It is imperative to try the bike first before you rent it, and if you are planning for a long trip, you should try it out for at least two days before starting your trip.

Price:

Renting a 125cc or less motorbike in Phnom Penh costs around $5-6 a day, $20-25 a week, and $50- 60 a month. However, the price could be much higher in touristy areas such as Siem Reap and Sihanoukville. Bargain if you feel that you are being overcharged.

Getting ready

Always ask for a helmet:

The owners of the rental shop are supposed to lend you a helmet, which you will have to return with the bike. Do not hire a bike from a shop owner who does not lend you a helmet. Wearing a helmet is a legal requirement in Cambodia which incurs fines if not observed. Not only this, the helmet may also save your life! If you are buddying up on your bike, you should also ask for a second helmet.

Do not overburden yourself:

Bringing too much stuff with you on a bike trip can be very uncomfortable. You should only bring what you really need, such as water and driving gear. Read our guide on the minimalist traveller on page .... of this magazine.



LADY SELLING FUEL BY THE ROAD IN BATTAMBANG



ASIAN GIRL ON A MOTORCYCLE IN CAMBODIA

Plan expenses in advance:

A good rule of thumb to follow is that you should have at least $200 in small notes when embarking on your bike trip. Cash always comes in handy since it is very hard to find banks or ATMs out of town. For safety reasons, it is a good idea to not reveal that one is carrying a large amount of money. Dividing the money into thirds and keeping it in your wallet, pocket and bag, or other discrete places on you would mitigate your losses or the chances of losing it.

Read about the traffic laws in Cambodia:

It is very important to learn about the traffic laws in Cambodia, at least to some extent, before going on a bike trip in the country. You can ask for an English version of the law (2017 edition). You can also download the PDF version for free on the Ministry of Public Words and Transport's website found at :

www.mpwt.gov.kh.

Where to go

Deciding on where to go may depend on your time and budget, but here are some suggestions for an amazing bike trip.

The Eastern loop:

Phnom Penh – Kampong Cham – Sen Monorom – Banlung – Preah Rumkel – Siem Reap – Kampong Thom – Phnom Penh

Coastal Region:

Sihanoukville – Kep – Kampot – Koh Kong – Sihanoukville

Siem Reap Adventure:

Siem Reap town – Wat Bo- Angkor Wat – Angkor Thom – Sra Srong – Ta Prohm – Steung Siem Reap – Siem Reap Town

On the way

Protect yourself from the heat and dust:

Due to the tropical climate in Cambodia, you have to keep your eyes and body covered. You should wear a pair of long pants and a long-sleeve shirt for driving during the day, and also put on sunscreen. Protect your eyes and your face with a full face helmet or a pair of sunglasses and a mask (a scarf also does the job).

Keep the bike safe:

Most bike rental shops in Cambodia do not come with insurance unless you rent the vehicle from a foreign shop, which will cost you much more compared to the local shops. Thus, you should try to keep an eye on the bike as much as you can and always remove the ignition key when you park your bike.

Keep the gas tank full:

Wherever you are heading, you should always make sure that the gas tank is full before you leave. It can be very hard to come across a gas station out of town, especially in rural areas. During an emergency, you can go to a gasoline vendor, who does business from his or her house on the road. The price of the gasoline stored in bottles could be more expensive, but if it is cheaper than that at the station, the vendor may have mixed the gasoline with kerosene to make a profit. Deal with the gasoline vendors as a last resort.

Look out for animals crossing the road:

While you are driving in the countryside, you should look out for animals crossing the road or walking along it, such as dogs and oxen. It is common to see farmers walking their oxen to the fields during morning and evening times. You must sound your bike's horn when you see a dog at a distance.



A MOTO RIDE THROUGH RURAL CAMBODIA

Have an offline map:

You cannot always depend on Google Maps in Cambodia since your phone may not have signal in many places over the country. You should download an offline map or buy a printed map before starting your journey. It is an even better idea to also have a compass and a language handbook ready so that you can find directions or ask the local people for help with it.

Enjoy speaking with people:

The Cambodian people are well-known for their friendliness and kindness. You should try to speak with those who know English or your language as much as you can during a trip and learn about their country and people. If you are an extrovert, this will make your trip an enjoyable one. In the meantime, try to ask for their contact details, such as a business card. You may not know when you are going to need their help.





VISITING THE HELL ON EARTH

Welcome to Toul Sleng Museum

Khmer Rouge, who ruled Cambodia cold-bloodedly between 1975 and 1979, caused over 2 million deaths, not only through forced labour and starvation but mass killing too. Their regime left a number of security prisons all over the country, where prisoners, including intellectuals, artists, former officials of the old regime and even the Khmer Rouge cadres, were detained, interrogated, tortured and killed.

The largest and most notorious among those is S-21, currently known as Toul Sleng Genocide Museum, in Phnom Penh.



LEFT : Toul Sleng Genocide Museum entrance



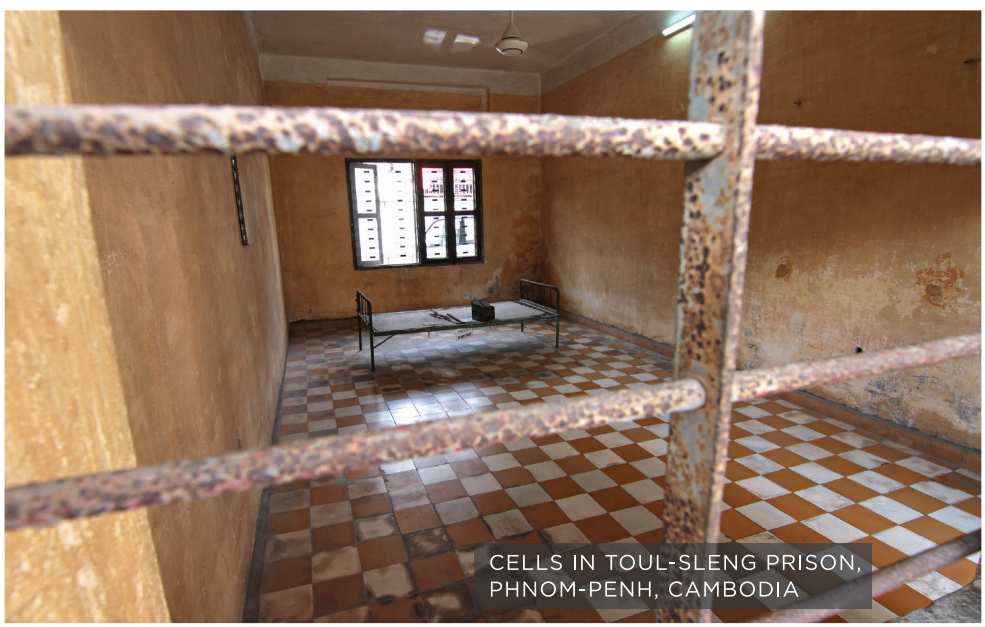
Even from the outside, Toul Sleng Museum looks eerie, which could be sensed even by the non-believers of paranormal phenomena. In addition to the high grey wall, the facility is caged by barbed wire, which had been there since the establishment of the cruel prison in 1976. This is nothing compared to the iron security during its operation, where an electric fence and 300 guards prevented "prisoners" from leaving the site.

Before it became the S-21 Security Prison, which also functioned as the hub of the prison system all over the country during the Khmer Rouge regime, Toul Sleng was Chao Ponhea Yat High School. Without knowledge of its ruthless service during Year Zero of the Khmer Rouge regime, visitors may not find the memorial site any different from the other secondary school in Cambodia when they enter the site. However, terror may set in once entering one of the five three-story buildings.

The classrooms which had been the place where Cambodian students attended lessons were converted by the Khmer Rouge into small jails and torture chambers. The shackles, which were used to keep prisoners in, although it was impossible for them to escape, are still left in the jails and spine-chilling torturing devices remain in the chambers.

On the walls of the halls and corridors hang the pictures of the prisoners, which were taken on the exact same day they were brought to the S-21, as well as paintings illustrating the inhumane treatment and torture of the prisoners as described by the survivors. One of the paintings shows the prison guards pulling nails off a prisoner's fingers while another shows a Khmer Rouge cadre slamming a baby into a palm tree while its crying mother is watching.

In a few months after its establishment, most of the S-21's victims were the



CELLS IN TOUL-SLENG PRISON, PHNOM-PENH, CAMBODIA



IN THE PAST, THIS IS THE PLACE WHERE POLITICAL PRISONERS WERE DETAINED AND TORTURED

officials and soldiers from the previous Lon Nol regime which included soldiers, as well as academics, doctors, teachers, students, monks, engineers, factory workers, and many others. Later, the Khmer Rouge turned on their fellow cadres, whom they accused of treason or espionage, and their families to be interrogated there. The torture system was designed to force the prisoners to confess their crimes although most of them were innocent or simply made a very small mistake in their daily work.

After the confession, the prisoners who did not die at S-21 were shipped off to their deaths at Choeung Ek, the execution site or "Killing Field", just 15 kilometres out of Phnom Penh. Their remains still push through the earth today, as the testament of unjust persecutions, and the ones who were executed without trial.

According to the prison's reports, an estimated 20,000 people were detained at S-21, and only 12 of them survived at the fall of Khmer Rouge. Four of the survivors were children while the rest possessed skills such as painting and photography which were deemed useful by the Khmer Rouge cadres. The most well-known survivors, who unveiled the horrific story of S-21 to the world, are Chum Mey (now 88), a mechanic, and Bou Meng (now 77), a painter.

In 1980, S-21 Security Prison was converted into Toul Sleng Genocide Museum, and since then it has been one of the most popular tourist attractions in the capital, despite its horrifying background.

Visitors can learn more about the S-21 through the ongoing documentary screenings daily. They can also meet and talk with Chum Mey and Bou Meng every day in the afternoon while public lectures on related topics are held on Mondays, Wednesdays, and Fridays at around 2 pm.



PHOTOS OF PRISONERS DETAINED IN TOUL SLENG

Address:

Corner of Sts 113 and 350,
Beoung Keng Kang III,
Chamkarmorn, 12304 Phnom Penh

Opening Hours:

7:00 am – 5:30 pm

Entrance fee:

$5 for a non-Cambodian adult and **$3** for a non-Cambodian **under 18 years old** (including an audio guide)
Free for Cambodians.

Personal Tour Guide:

By donation only.

Dressing Code:

Visitors will be admitted only with **appropriate clothing covering legs and arms**.

Photography:

Photography is allowed, do seek permission for commercial shots.

Mealea
Restaurant









ORCHID BAR





What better location to enjoy the very best gastronomic choices than this wonderfully restored over a hundred year old French colonial building, Mealea Restaurant. The traditional ornate columns provide the perfect setting for what promises to be one of the city's best dining experiences.

Orchid Bar's open patio provides the perfect atmosphere to relax and enjoy a drink from our extensive wine list or select one of our exquisite tapas to make your stay flavorful and memorable.

PALACE GATE
HOTEL & RESORT

023 900 074 *www.mealeapalacegate.com*

#44B, Sothearos Blvd, (corner street 240). Opposite The Royal Palace

Getting Out!

BEST WEEKEND ACTIVITIES IN PHNOM PENH



Phnom Penh features some of the best places and activities for active travellers in Cambodia. However, if you are an expat living and working in the capital, you may not have much time except during the weekend, or could not afford them while saving for your future. To spice up your life and reduce your stress here, please allow us to introduce some interesting activities which you can enjoy without spending much money over the weekends.

Play Bowling

There are only a few bowling alleys in Phnom Penh. However, if you are a bowling enthusiast, you can always go to BluO Bowling on the second floor of AEON Mall for a game with your family or some friends. The first comic bowling



BLUE'O BOWLING AT AEON MALL

valley in the country with 13 lanes, BluO Bowling makes your game more fun and exciting with accompanying hit music from the DJ station. One game usually costs around 5-6 dollars and you can also sign up for its membership for better deals. You should also keep an eye on its Facebook page for promotions.



MANOR HOUSE HOTEL SWIMMING POOL



Go Swimming

In tropical Cambodia, it is always a good time for a swim. Most of the pools in the city belong to the hotels and most of them are limited to their clients. However, some of them such as the Manor House on Street 262 and Long Beach Plaza on Street 289, accept the public for just a few bucks. The best alternative is the go-to pools at the fitness centres in the city. Some of the highly rated gyms include the Phmom Penh Sport Club, The Place Gym and the Superfit Fitness And Health Club (You can find them on Google Maps). There is also a free public pool at the Olympic Stadium but it is currently closed for renovation until July 2019.

Play Laser Tag

Laser Tag, a shooting simulation game, is very new to Cambodia, but it does not mean you cannot enjoy it in Cambodia. There is only



COUPLE ENJOY LASER TAG AT KID CITY, AEON MALL

one place where you can go for a game of Laser Tag, and that is at Kid City, where you can battle with up to 30 friends in a labyrinth specially designed for laser tag games. A skirmish can last for up to 25 minutes and costs about 5 dollar per player. Kid City also holds monthly tournaments, so come with your friends if you want to bring home the trophy.

Go to a Kickboxing Match

Kun Khmer is the name of the Cambodia's unarmed combat sport, with a history dating back to hundreds of years ago. Today, it is competed in the ring, like the modern-day kickboxing. Unlike the modern combat sport, traditional music is played during each of the five rounds. The excitement derived from the two athletes trying to keep each other down using every part of their body as weapons should be enough for those who enjoy combat sports. Before the match, both fighters perform some sort of war-dance called Kun Kru, a form of intimidation to one another, as well as an artistic element of the martial arts. Many TV stations in Cambodia, such as Bayon TV, SEATV, CTN and Apsara, host kickboxing matches during the weekday at their stations, and the admission is usually free. Occasionally, you can witness an international bout, especially one fought between Cambodian Kun Khmer boxers and Thai Muay Thai boxers, which draws much attention thanks to the controversy regarding the origin of the two similar fighting styles.



CAMBODIAN KUN KHMER BOXERS

Fly a Kite

Thanks to rapid urbanization, Phnom Penh does not have many large open spaces near the busy city centre. However, there is still a spot that is big and empty enough, very close to the centre, and that is the lands along the Hun Sen Boulevard. Here, you can fly a kite during the weekends or on a weekday's evening, reminiscing your childhood memories without being worried about it getting stuck on the cables. There are several vendors selling kites nearby should you have the urge to do so. There are also some food stalls selling fried meatball, papaya salad and other popular Cambodian street food, as well as drinks, which is ideal for spending an entire day there.



TOURISTS FLYING A KITE AT RIVERSIDE

Go Fishing

Living in Phnom Penh does not necessarily mean stopping various outdoor activities, such as fishing, to relieve stress. There is no doubt that the best place to fish is the river, and when you think of rivers in Phnom Penh, Riverside will come into your mind. On a lucky day, you may catch a Snakehead, Toman, Tilapia or even the Giant Catfish. However, you may also hook up some plastic bags and other trash. Every evening, especially during the rainy season, fishermen are seen gathered on its banks of Koh Pich, particularly the spot at the back of AEON Mall.

NUK CAFÉ

ICE-CREAM LAB &
COFFEE ROASTERY





Being the creators of the first liquid nitrogen ice-cream in Cambodia, NUK homemade ice-cream is freshly made from scratch, each order is frozen with liquid nitrogen on the spot to bring out the freshest taste of our ingredients.

NUK authentic coffee is made from 100% Arabica coffee beans which are roasted daily to ensure best quality and freshness.

Everyone at NUK can enjoy refreshments and support traditional values on culture and conservation. Show the next generation how to support the local art scene, by joining the community at NUK, a place where young artists and passionate people can meet other art lovers and collectors. So relax, enjoy art in its many forms and also the best affogato in town.



Affogato al Caffè

liquid nitrogen ice-cream made from scratch

+855 10 653 289 | 7am to 9pm, Everyday | facebook.com/nukcafe | 143 Preah Norodom Blvd, Phnom Penh, Cambodia

Sipping in secret

COOL HIDDEN BARS IN THE CAPITAL





There are hundreds of bars and saloons in Phnom Penh for those who love socializing over a drink but not everyone prefers the noisy nightlife scene, which is booming in the capital. If you are one of those who love the serene and relaxing atmosphere of a speakeasy, here are some places for you.

BattBong



You can miss BattBong very easily if you ignore the Coca-Cola machine, which is in fact its entrance on Street 51 near Wat Langka Pagoda. Inside, you can find a secret speakeasy with relaxing ambience decorated with vintage props. The bar serves fitting and stylish cocktails as well as Western dishes.

Opening Hours: Sun – Sat, 6:00 pm - 12:00 am
Address: 132 Z13 Street 51, Phnom Penh, Cambodia

Long After Dark



When Long After Dark opened its entryways in 2016, it sparked a hipster trend that is currently at its peak in Toul Tom Poung. The private two-storey, speak-easy-style bar is brimming with bourbon, make brews, mixed drinks and wine served with main dishes. This is unquestionably one of the a la mode places to be found in the Russian Market territory, with chilled beats accompanying the night scenery.

Opening Hours: Sun – Thu, 12:00 pm - 12:00 am
Fri – Sat, 12:00 pm - 2:00 am
Address: 86 Street 450, Phnom Penh, Cambodia

Backstreet Bar



In a small alley that cuts between Street 9 and Sothearos Boulevard, next to Phsar Kapko, if you catch a glimpse of a black painted basket wreathed in fairy lights with the words **"Back Street Bar"**, take a turn down the alleyway for a casual drink sheltered from the dust and noise of the streets. It has plenty of classic cocktails and spirits on the menu but serves only peanuts to accompany the drinks so you should go there after dinner. Look out for the hanging fairy lights and umbrellas along the narrow lane to find the bar.

Opening Hours: Mon – Sat, 5:00 pm - 12:00 am
Address: 43 Sothearos Boulevard, Phnom Penh, Cambodia

La Pétanque



Another off-the-beaten-track hangout spot in the capital, this is the only place in Phnom Penh where you can get authentic French-style cocktails and snacks and play the French game of Pétanque with sand pitches and orange-size iron balls. They also have a billiard table and a dart board. The owners, Adi and Rodriguez, recommend sipping **Pastis ($1.50)** or **Ricard ($2)** while playing, and they offer cocktails like **caipirinhas and margaritas ($3.50 each)** too. The menu includes snacks like **chicken fingers ($3.50)**, as well as a **charcuterie plate ($6.50)** with chorizo, cured ham and dry cured sausages.

Opening Hours: 4:00 pm-midnight daily
Address: #203, Street 155 in Toul Tompoung

A Legacy Made of Clay



POTTERY STALLS AT KAMPONG CHHNANG

UNEARTHING THE FINE POTTERY IN KAMPONG CHHNANG

The name of Kampong Chhnang, a central province about 90 kilometres from Phnom Penh, translates from Khmer as the Port of Pottery. Those who know this meaning will not find it difficult to predict what this province is famous for.



Once their van or bus reaches the centre of Kampong Chhnang town, the first thing that is most likely to draw the tourists' attention is the sculpture of a giant pot, which for years has been the symbol of the province. Moreover, along the National Road Number 5, which lies across the province and leads to the tourist-attracting Battambang and Siem Reap, tourists can find many vendors



HUGE POT ROUDABOUT



▼ **BELOW :** Woman doing earthenware



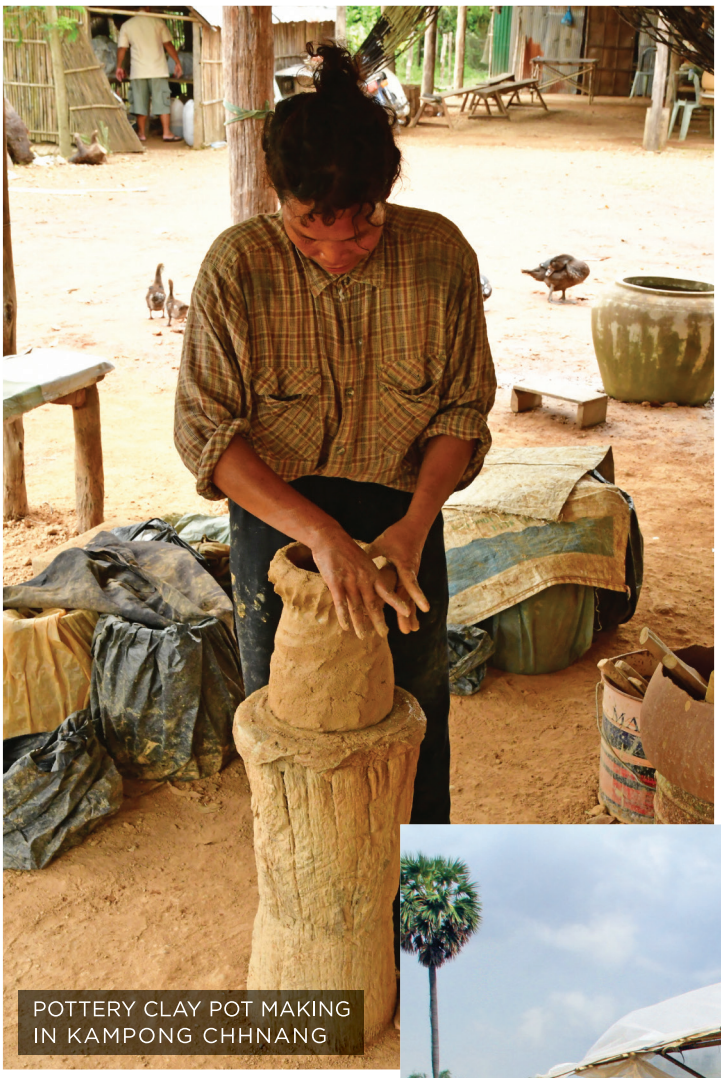
selling not only pots but also other locally made earthenware, including jugs, stoves, piggy banks, and tiny sculptures.

These beautiful crafts come in many shapes and are covered with unique, spiral kbach, the traditional decorative pattern of Cambodia. Often, the tour buses or vans will stop at a vendor's stall somewhere on the street so that the tourists can buy and take them home as souvenirs. In fact, it would be unusual if a tourist travels through this province, which has been defined by its legacy of fine craft and high-quality clay, without doing so.

Catherine Ho, an American-Chinese backpacker, who bought an ox-shaped piggy bank, said she really admire the art of pottery in Kampong Chhnang, thanks to its style which could only found here. "I was born in the year of the ox, so maybe this will bring me good luck," Catherine says while searching her bag for the wallet to pay the vendor. "It is very beautiful and will fit so well in my office, but it costs me only $1.50."

Meanwhile, at the quiet Village of Andong Russey village, only a few kilometres from the capital of the province, Grandma Moun is slapping the round-bottomed clay pot into shape with a wooden paddle in her small shack. Like many rural people born before Cambodia's independence, she does not remember her birthday, but she still remembers her parents' teachings on pottery, which has been passed from generation and generation in her family.

"Apart from farming and fishing, we have been making pots," Moun says.



POTTERY CLAY POT MAKING IN KAMPONG CHHNANG

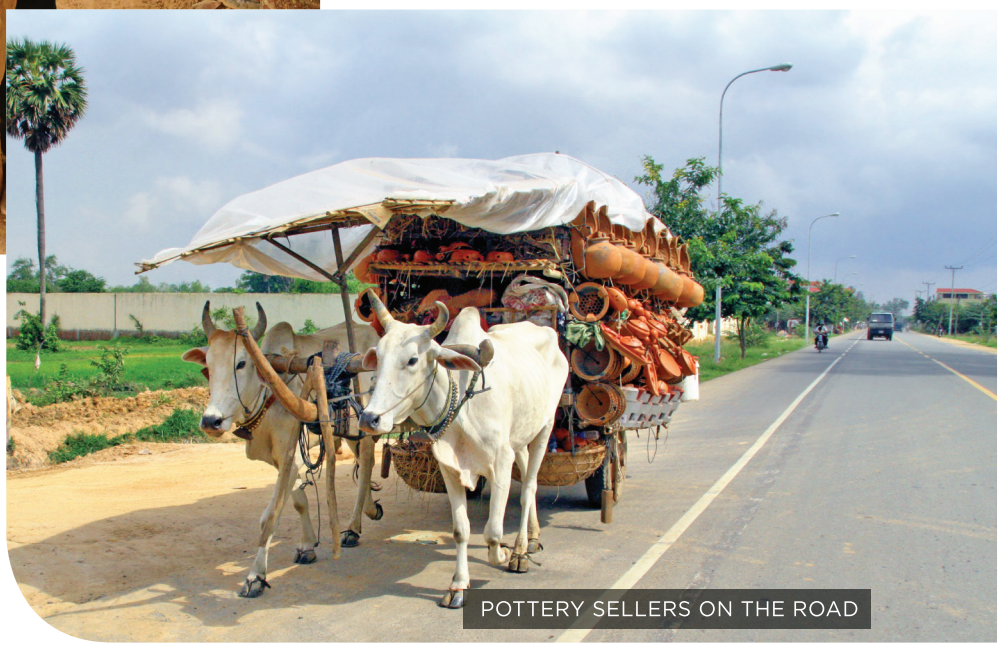
"When I was still a small girl, I saw my parents travelling from village to village on an ox cart to barter their earthenware with salt, dried fish and other things."

Every morning, her grandchildren go to the nearby Phnom Krang Dei Meas Mountain to fetch clay for her workshop. The mountain's name translates to Golden Mountain and is the source of materials for the local potters all over the province and even in other provinces.

Andong Russey is the starting place of Kampong Chhnang's popular red pottery. Every family unit in this district populated by peaceful rice fields speckled with sugar palms is making some type of earthenware somewhere in the vicinity. The pots, for the most part, are unpainted but embellished with scratched or appliqué structures are either made with a foot-spun wheel or slammed into shape with a huge wooden spatula. The complicated procedure is captivating to watch.

There are not as many potters as before, according to Moun, as most of the young people choose to leave the village for Phnom Penh for work or career opportunities. However, there are still some of them who choose to stay and continue the legacy. One of them is 23-year-old Keo Thida, who learned the craft from her parents, and her husband.

It is hard work, loading their cart with earthenware and getting ready to sell them in Siem Reap, but Thida says there is nothing that will stop her and her husband from carrying on her family business.



POTTERY SELLERS ON THE ROAD

"I am proud of our pottery origin, which to me is a fine piece of art," she says. "My children can choose to study or work at the city when they grow up, but if they are interested in our trade, I will be more than happy to teach them."

88 RESIDENCE

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Dishes you must try

WHEN YOU ARE IN PHNOM PENH





Fried Banana at Chek Chean Pises

Those who like fried sweet food in Phnom Penh must be familiar with Chek Chean Pises, a fritter shop located near the Chinese Embassy. In business since 2000, the shop is famous for its flattened Indian bananas that are carefully deep-fried with flour. A fried banana, which gives a good balance of a crispy exterior, sweet insides and not very greasy, **costs only $0.30**, and that is the most expensive food in the shop. With only 1,000 riels ($0.25) in your pocket, you can get a spring roll or two pieces of fried sweet potato or taro.

ADDRESS

Mao Tse Toung Boulevard (245)
near the Chinese Embassy

Open from 7am to 6pm

Contact: 098/077 71 24 25

Chicken Rice at By Moan Srei

One of the primary factors that has kept By Moan Srei in business since 1996 is its Chicken Rice. The ubiquity of the dish lies in the rice steamed with yellowish chicken juices and gingers, topped with meat from farm-raised chickens, with bigger muscles and less fat than the ones from the poultry cultivate. The delectable meat is cooked with a secret formula passed on generations after generations of the restaurant's owner. The cost of this dish depends on which part of the chicken you want: **$3 for the chicken's breasts or wings** and **$3.75 for an entire chicken's leg**. The Chicken Rice is best paired with tamarind juice that costs $1.05.

ADDRESS
#170A. Street 143
Contact: 015 665 665



CAMBODIAN CHICKEN RICE



YAHORN AT TBAL KHMER

BEI CHOMNEANH

Yahorn at Tbal Khmer

Other than the papaya salad with chicken wings **($3.50)**, Tbal Khmer is well known for its yahorn, a soup stuffed with garlic, galangal root and stew of vegetables and meat, including fish, hamburger and pork. The **$1.75 set** of the tom yum-like hot pot is enough for one person and the ample **$4 set** is recommended for sharing.

ADDRESS
Street 360 (next to KFour)
Open from 11am to 11pm

Pork Rib at Bei Chomneanh $2

Bei Chomneanh eatery specialises in snail dishes yet its star dish would be the pork ribs. At **$2, the pork ribs**, accompanied by a house grill sauce, are a delightful and delicious option to gastropod food. The pork ribs are a delight with the hot Koh Kong sauce too, which is made using garlic, lime, angle sauce, red peppers and sugar, and **steamed white rice ($0.25)** as a side dish.

ADDRESS
#7 Street 402
Open from 4pm to 11pm

Top Contemporary Art Spaces IN PHNOM PENH

Contemporary art is undergoing a renaissance in Cambodia, following the dark ages of the civil war and the Khmer regime. However, thanks to the government's attempt to improve the arts scene, contemporary art has, gradually been creating its waves in the country, especially in Phnom Penh.

If you are a fan of such form of art, here are some of the best places in the capital where you can check it out.





APSARA DANCE AT JAVA CAFÉ

JAVA CAFÉ AND GALLERY

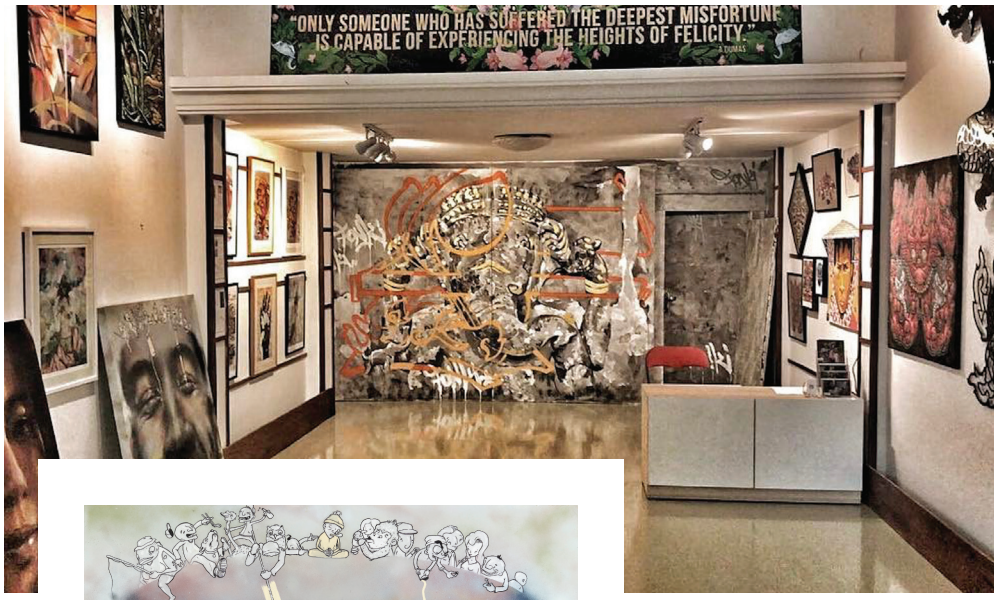
Occupying a two-story café in a colonial building near the independence Monument, Java Café and Gallery offers customers the chance to view its extensive collection of contemporary artworks, including paintings, sculptures and photographs, as well as the leisurely joy

of breakfast and coffee. Its Creative Generation program provides young Cambodian artists with the resources to produce their first solo exhibitions while the café regularly holds curated exhibitions and performances featuring artists living and working in the Kingdom. Meanwhile, its relaxing and serene atmosphere is also a perfect place to bring a book to read or a laptop to do some work peacefully.

ADDRESS
6 Sihanouk Blvd, Samdach Preah Sihanouk Boulevard
Open from 7am to 10pm

KBACH GALLERY

Kbach Gallery supports and promotes urban and street arts, which is a rising scene in Cambodia. Located on Street 178 and considered the centre of the local art community, the gallery offers a venue for artists to showcase and promote their works to the world.





▲ **ABOVE :** The Self-Portrait by Kbach Gallery's artist Funki

Containing spacious exhibition rooms with various contemporary artworks hanging on its walls, Kbach Gallery has also hosted a number of social events and competitions for artists.

ADDRESS
42E Preah Ang Makhak Vann St. 178
Open from 10am to 5pm


META HOUSE

META HOUSE

From the outside, the Meta House is just another house on Sothearos Boulevard. In fact, it is an award-winning art gallery, winning accolades such as the 2016 Award for the Best Contemporary Arts Centre. Founded by German filmmaker Nico Mesterharm in 2007, it houses a ground-floor gallery, which has been the venue of several solo and joint exhibitions featuring artists from around the world.

On the second floor, Meta House has a bar, where regular DJs play in the evening and doubles up as a space to host workshops, talks and film screenings.

ADDRESS
37 Sothearos Boulevard
Open from 8am to 6pm
from Tuesdays to Sundays,
closed on Mondays


INSIDE META HOUSE ART GALLERY

INSTITUT FRANÇAIS DU CAMBODGE

When it was opened in 1992, Institut Français Du Cambodge, then known as Centre Culturel Français, was the first arts centre to be reopened in Cambodia after decades of war. Housing a minimalist-style building and garden, the institute regularly hosts exhibitions, workshops, live entertainment, screenings and mini festivals. Among the artists shown at IFC is Pich Sopeap, one of the top Cambodian-American contemporary artists of today's arts scene, with his sculptures being displayed in famous museums such as the Indianapolis Museum of Art.



ADDRESS
218 Street 184
Open from 8am to 9am



▲ **ABOVE :** Entrance of French Institute

▶ **RIGHT :** Art scene displayed at French Institute

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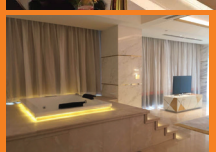



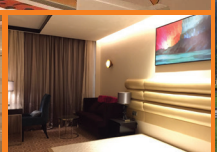







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The myth of Monimekhala and Ream Eyso



MONIMEKHALA DANCE

THE CLASH OF THE CAMBODIAN TITANS

Way back in the olden days, before the scientific explanation of lightning and thunder was introduced, the Khmer people believed that this phenomenon is the aftermath of a battle between Monimekhala, a goddess, and Ream Eyso, an evil giant. Here is the story about the battle between the two archenemies.



THE GODDESS AND THE GIANT, ART DEPICTION

Once upon a time, Monimekhala and Ream Eyso were studying magic spells and other skills as disciples of a powerful hermit. Both clever and hardworking students, they were always pitting against each another in learning and vying to be the hermit's favourite disciple. However, the hermit loved both of them equally.

One day, the hermit realised that he had taught his two students all he knew, and wondered which one of them was more intelligent.

Curious to find out, he called Monimekhala and Ream Eyso in and told them, "Whoever brings me a full glass of morning dew first, will be rewarded. I will turn the glass of dew into a magical crystal ball that has the power to grant all wishes, and give it to him or her."

Ream Eyso took a glass to collect dewdrops on leaves and grasses, but no matter how hard he worked, he still could not get enough dew after several mornings.

Meanwhile, Monimekhala, a clever goddess, collected dew from leaves and grasses too. She collected the dew with a soft glume, which she wrung into a glass. This sped up the rate of collection and she managed to present a full glass of dew to her master before her peer.





MEKKALA AND RAMASURA

After turning the dew into a crystal ball, the hermit handed it to Monimekhala and said, “Whenever you want anything, just pray to the crystal ball and your wish shall be granted. This crystal will also allow you to fly anywhere and at anytime you wish.”

After thanking her master, the goddess shook the crystal ball, and all of a sudden, she was in the air, flying out to sea at a speed faster than that of an arrow.

Ream Eyso, who lost the competition, was so upset that he started to cry bitterly. Unable to stand his beloved student’s tears, the hermit gave Ream Eyso a magical axe, a very powerful weapon.

Consumed by greed and hatred, Ream Eyso vowed to find Monimekhala to fight and take her magic crystal ball. It was not hard for him to find her since he knew that Monimekhala loves playing in the rain.

The moment Monimekhala saw Ream Eyso approaching her, she knew immediately what he was after. She flew higher in a bid to escape, but Ream Eyso soon caught up with her. Ream Eyso threw his axe at her, and Monimekhala countered the attack by throwing her crystal ball at the axe. The clash between the two magical weapons created a bang so loud that it shook the earth and a flash of light shot across the sky.

One version of the story states that Monimekhala defeated Ream Eyso after blinding him with the glare from her crystal ball while another claims that the battle is still going on today. With the myth passed down over generations, Khmer people used to believe that the thunder is created by Ream Eyso’s magical axe and lighting is the shine from Monumekhala’s magical crystal ball. In Khmer language, any stone with the shape of an axe, spade or knife, is called "Kaim Rontes" (stone axe) and it is thought to be the arrows which the giant has thrown down the earth.

Although it is only a myth, the story has a huge impact on Khmer people. Monimekhala is worshipped by traditional Cambodian as the goddess of the ocean and rain, and they pray to her when they are in need of rain for farming. The story has also been adapted into a sacred drama performed as a dance recital by the Royal Ballet of Cambodia.



WHEN MONI MEKHALA MEETS REAM EYSO
(THE GODDESS AND THE GIANT)



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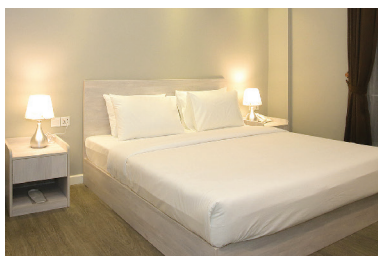



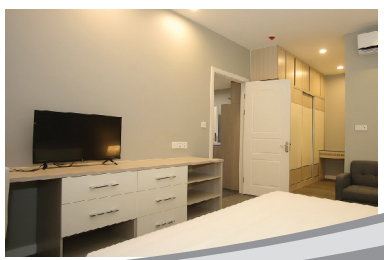


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Grand Palace

VISITING THE ROOT OF THE THAI MONARCHS

Day after day, the Grand Palace, also known as Phra Borom Maha Ratcha Wang, is swarming with visitors from every corner of the world. This is a common sight even on a weekday, since you would not be regarded as having visited Bangkok if you do not see the Grand Palace.



GRAND PALACE AT TWILIGHT IN BANGKOK



SUNRISE AT WAT BENCHAMABOPHIT (THE MARBLE TEMPLE)

At the heart of Bangkok, on the bank of Chao Praya River, sits Grand Palace, a building complex which was once the royal residence. One of the most famous landmarks of Thailand, the Palace opens itself to tourists, allowing them to look into the country's

history and culture, as well as to explore the oriental, classic, artistic and architectural styles of Southeast Asia.

The construction of Grand Palace started in 1782 at the order of King Phutthayotfa Chulalok, also known as Rama I, who moved the Capital to Bangkok after dethroning King Taksin of Thonburi. Due to the lack of funds and materials, the Palace was initially built from wood and surrounded by log stake walls. A few years after his coronation, King Rama I began rebuilding it with marble, granite, travertine, and limestone.

According to local accounts, the King ordered his men to go to the old capital of Ayuthaya, which was destroyed by the war between Siam and Burma in 1767 to remove as much material as they could from the structure (except the temple) and bring it to the new capital on barges through the Chao Praya River.

Until the 1932 Revolution, the Grand Palace had functioned as the centre of Siam's absolute monarchy, in which the King ruled as the nation's prime minister, assisted by his royal scribes, jurists and other government officials. Today, in addition to being a top tourist site in Bangkok, it serves as the religious, ritual, and spiritual center of the country for all Thai locals.

The Grand Palace is divided into four main courts, partitioned by walls and walkways. The Outer Court houses the royal office, public building and the Temple of the Emerald Buddha, which is considered one of the most important temples in Thailand. The Middle Court features the main residential and state buildings of the King's Court, as well as the Chakri Mahaprasat Throne Hall, built at the order of King Rama V. The Inner Court, meanwhile, used to be reserved for the King's consorts and daughters and remains off limits to the public even today.



Entrance Fee:
Free entry for Thai locals
500 baht (around $16) for foreigners

Opening Hours:
8:30am – 4:30pm daily

Dress Code:
Long pants for men and **knee length bottoms or dresses** for women



GARUDA WAT PHRA KAEW BANGKOK THAILAND

SOME ATTRACTIONS



THE EMERALD BUDDHA IN THE TEMPLE OF WAT PHRA KAEW



BOROMBHIMAN HALL

Temple of the Emerald Buddha

Also known as Wat Phra Sri Rattana Satsadaram or simply Wat Phra Kaew, the temple houses the 66-cm tall Emerald Buddha, the highly revered Buddha image in a meditating position carved from a single block of jade. The story behind the statue remains unknown but it has been reported that the Emerald Buddha was found inside a stupa in Wat Pa Yai pagoda (later renamed Wat Phra Kaew) after the stupa was struck by lighting.

The Royal Pantheon

The Royal Pantheon was erected during the 19th century on the east of Temple of the Emerald Buddha. The initial purpose of the temple, which was built in Khmer Style, remains unknown. During the reign of King Rama, it was destroyed by a fire and restored by King Rama VI. Today, the temples house life-size statues of the Kings of the Chakri Dynasty. The Royal Pantheon is open to the public only once a year on Chakri Day, which is celebrated on April 6th.

Borombhiman Hall

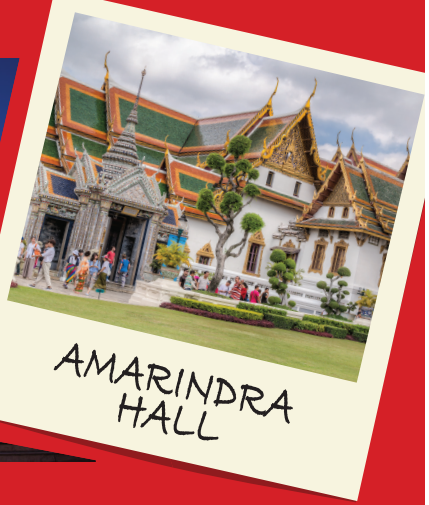
The outstanding French-inspired structure served as a residence for King Vajiravudh (Rama VI). In 1981, it was the headquarter for an attempted coup led by General San Chitpatima. It can only be viewed through the Gate today.

Amarindra Hall

In the west of the Grand Palace stands the Amarindra Hall, which originally served as the Hall of Justice. In 2017, the current Thai king's coronation was held there. The hall houses a golden, boat-shaped throne.



ENTRANCE TO THE ROYAL PANTHEON AT WAT PHRA KAEW



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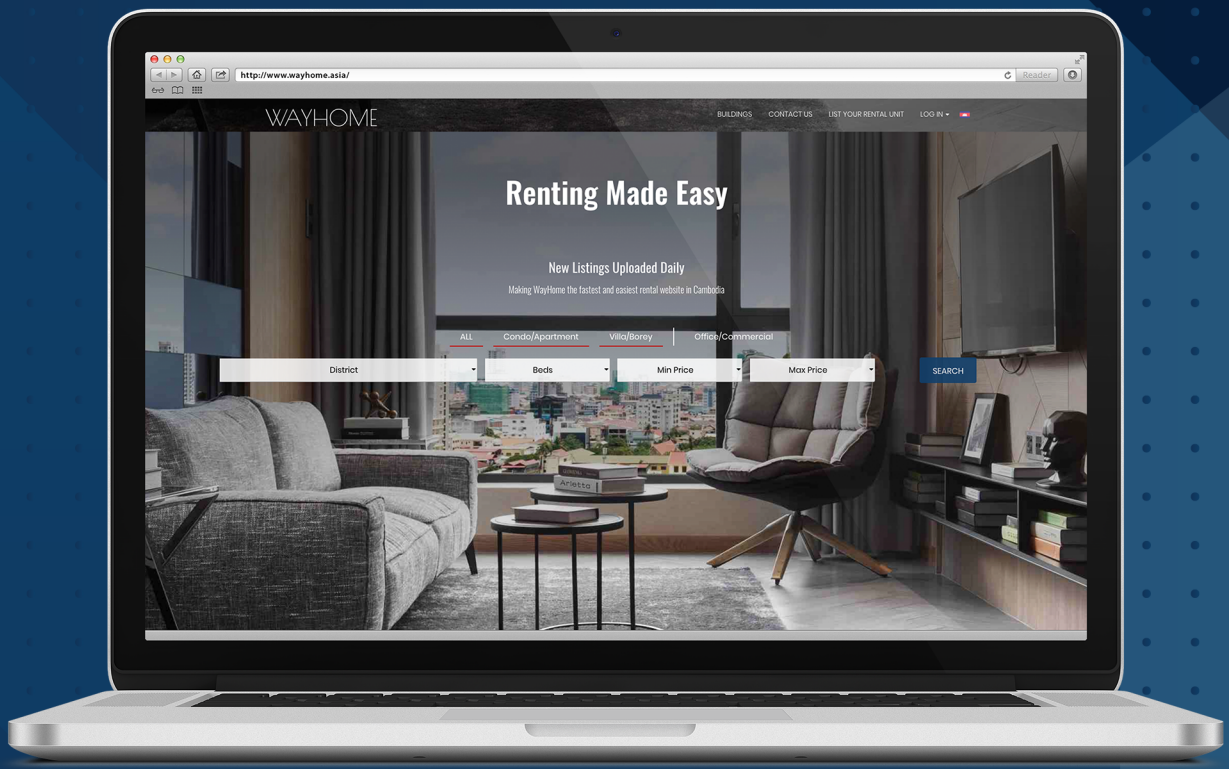

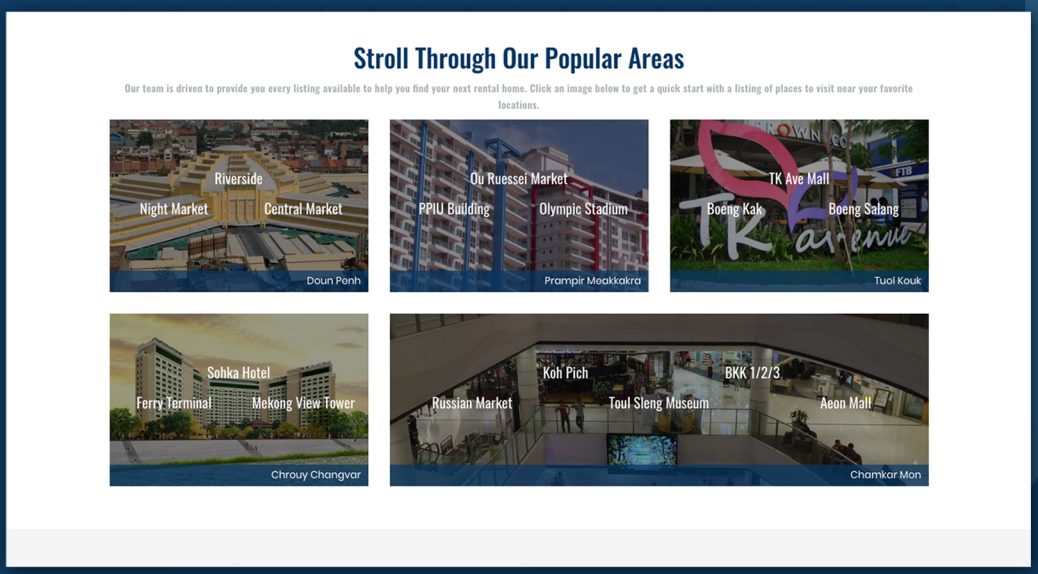

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The Markets on the Water

TOP FOUR FLOATING MARKETS NEAR BANGKOK



FLOATING MARKET IN DAMNOEN SADUAK, RATCHABURI

As your boat moves gradually along the canal under the morning sunlight, which gives the calm water its glimmer, you would smell the flowers or food being sold by vendors on boats. Most of them are calling you to try their food or buy some souvenirs to bring back home, but you may be taken in by the stunning view of the river. Around you, people are buying, selling, eating and chatting on boats while tourists are taking pictures of the unique market which was once a very important part of Bangkok.

For years, floating markets have grown to become an important feature of Bangkok, superior to those in other Southeast Asian countries. If you are visiting Bangkok and have a floating market on your travel list, please allow us to make some suggestions.

Damnoeun Saduak

Located about an hour southwest of Bangkok, Damnoeun Saduak Floating Market is considered the most popular floating market in the country. Despite its far distance from the capital, the market would provide you with a wonderful experience. Apart from the beautiful sight of remote villages and plantation, you will see the colourful long boats rowed by Thai women in their traditional mo hom and straw hats, selling fruits and vegetables brought directly from the local farms. Many others are selling Thai food that are mainly spicy. There are hundreds of options but what you must definitely try is the meat noodles and coconut pancake.

To enjoy the market fully, you should go there around 6 in the morning to avoid the crowd and enjoy the cool morning breeze. The market closes at noon.



AMPHAWA FLOATING MARKET

Amphawa

Amphawa, about 50 kilometres from Bangkok, may generally be reported as "the second most popular market in Thailand", but it is the top preference among locals probably since the mid-17th century, thus making it more authentic. Once you reach the market, you can rent a boat and go on a sightseeing trip to the nearby canals and villages. You can also swing by the two ancient temples near the market and a mini zoo featuring a camel and an ostrich. You should not miss trying the signature seafood of the market, grilled over the stoves on the boats, served together with steamed white rice and a spicy sauce made from garlic and hot pepper. There are also many vendors selling souvenirs such as t-shirts, straw hats and many more at low prices.

Amphawa Floating Market is open only during the weekends. The best time to visit is before lunch time.

Khong Lat Mayon

Khong Lat Mayon is neither as big as Damnoeun Saduak nor as authentic as Amphawa, but it does offer a taste of the daily life of Thai people. Located very close to Bangkok, it is more like a riverside market than a floating market. The canal is very small with only a few boats there. Not many foreigners visit the market, and thus, it is usually less crowded compared to the other floating markets near Bangkok. However, it does have its charms and is also cheap and casual. You can enjoy many variations of Thai signature dishes, including noodle soups, Pad Thai, Kanom Jeen or Hoi Tod (oyster omelet) at only 20 to 30 baht per serving.



KHONG LAT MAYON FLOATING MARKET



FOOD VENDOR AT TALIN CHAN MARKET

Talin Chan Floating Market

Talin Chan is only a stone's throw from Khong Lat Mayon. It is the smallest and also the least crowded on our list. With just enough boats to be called a floating market, Talin Chan is where you can enjoy delicious fresh-water prawns on small barbecues, blue crabs and large fish. Some market sellers prepare the famous Som Tum for the many diners sitting at the usual wooden platforms and low tables. You can also get a relaxing foot massage under a tree for just 200 baht. The best activity there is hiring a small boat and taking a tour on the canal.

Visiting Lantau

EXPERIENCE THE BEST OF HONG KONG'S BIGGEST ISLAND



BIG BUDDHA OF LANTAU ISLAND IN HONG KONG

Go on a dolphin watching tour

There is something healing about admiring Hong Kong's jeopardized 'pink' dolphins as they skip in the waters of their grand, common territory. The Sha Chau and Lung Kwu Chau Marine Park in the city's western waters have rich fisheries to provide bounteous sustenance to these Indo-Pacific humpback dolphins.

The journey on the cruise to watch the dolphins passes the picturesque western shoreline of the New Territories and Hong Kong International Airport in a zone frequented by fishing boats. The best part of this tour: in the unlikelihood you do not see a dolphin on the visit, you can join another tour again free of charge.



DOLPHIN WATCHING TOUR AT SHA CHAU MARINE PARK

Stay at Tai O Heritage Hotel



Dating from 1902, this building was in the past the Tai O Police Station and one of the earliest police headquarters in the New Territories. It is located on a little slope beside the Tai O Ferry Pier. The authorities positioned police on this most western part of Hong Kong to counter robbery and pirating crimes, and to establish the reputation of the British law throughout the whole province. Initially, there were only six to seven policemen posted there and the number gradually increased to 180 in 1983. In 1996, the low crime rate in the fishing town made it hard to legitimize a police force and the station was downsized to a watch post.

The station comprises of a main block and the outhouse block which are connected by a footbridge on the principal floor and on each alternate storey. The main block with its Chinese dish-and-roll tiled rooftop, overhang and angled verandas has an Italian Renaissance appearance and contains a charge-room, two cells, separate residences, restrooms and a store. The outhouse block, a later expansion built during the 1960s, contains kitchens, a drying-room, store and washroom, a translator's room and some settlement for hirelings. It is tastefully decorated and promotes artful culture in its structure. Windows are fitted with steel grilles or screens for prevention measures and there is a round watchtower on the rooftop towards one side.

Hang over the sky at Ngong Ping 360

As you venture out of the cable car, you will be welcomed by the socially themed 1.5-hectare Ngong Ping Village, where a wide cluster of shops and diners offer a great shopping and eating experience. What's more, do not miss the energizing Stage 360, Motion 360, VR 360, and Walking with Buddha sight and sound productions!

The famous Big Buddha, Po Lin Monastery, Ngong Ping Piazza and Wisdom Path are just a five-minute stroll from Ngong Ping Village.

Conclude your Lantau Island expedition with an amazing dusk view as you take the cable car back to Tung Chung.


CABLE CAR TO NGONG PING VILLAGE



Go on a food adventure at the Local Specialty Market at Tai O

The sharp flavours and scents of Hong Kong's fishing legacy is still apparent in the exotic dishes found in Tai O town on Lantau Island. Hand crafted shrimp sauce, shrimp-paste, salted-fish and dried fish can be found in the shops adjoining the Rope-drawn Ferry Bridge on Tai O Market Street. Local tourist agencies could organize visits to shrimp-paste and salted-fish factories.



URBAN ARCHITECTURAL LANDSCAPE IN TIANJIN

FIVE PLACES YOU MUST VISIT in Tianjin

If you are in the port city of Tianjin in northwestern China, here are some places you must not miss in the "Ford of Heaven".



THE PORCELAIN HOUSE

The Porcelain House

While this property was initially a colonial building, the current proprietor chose to transform the manor into a gallery of ceramics and collectibles, which includes more than 700 million bits of porcelain. From the floors to the roof, this house is jumbled with pottery. Indeed, even the rooftop includes a colossal winged serpent made of porcelain.

No.72 Chifeng Avenue, Heping District



ZHOU ENLAI-DENG MEMORIAL MUSEUM

The Zhou Enlai-Deng Yingchao Memorial Museum

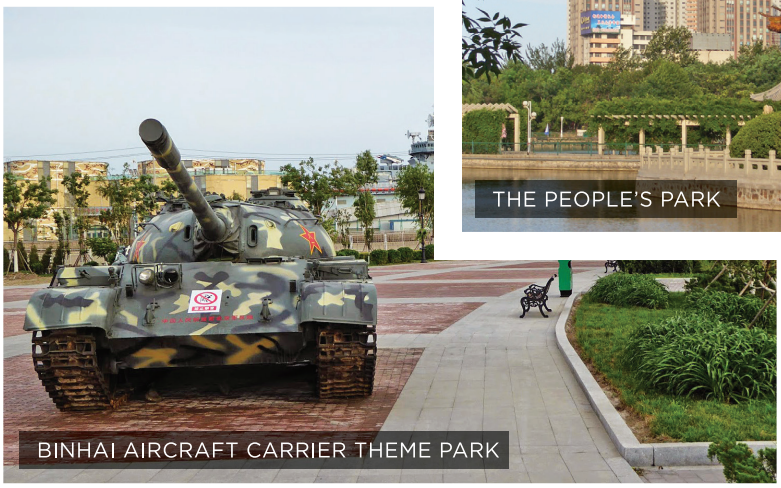
Tianjin is loaded with glorious galleries. In the event that you feel that you have seen the vast majority of them and are searching for another option, attempt this one. A famous powerful couple of China, Zhou Enlai and Deng Yingchao were solid political influencers of the twentieth century. Zhou Enlai was the principal chief of The People's Republic of China and his better half, Deng Yingchao, an adored ladies' rights lobbyist. The exhibition hall delineates their lives and influence on China.

Shuishang Gongyuan N Rd, Nankai District

Binhai Aircraft Carrier Theme Park

An uncontested standout amongst the most surprising amusement stops on the planet, Binhai Aircraft Carrier Theme Park is a Russian warship that has been changed into a playland by a wealthy Chinese businessman. The vessel's various rides are flanked by the hulking weapons, which still adorn the battleship. This warship had also hosted an electro music festival a couple of years back.

Location: Binhai Xinqu



BINHAI AIRCRAFT CARRIER THEME PARK

The People's Park

A stone's throw away from the clamoring downtown is the People's Park located in the Hexi district. Tianjin's People's Park is bustling with life and activities. It is also a popular spot for the elderly of Tianjin and there is something for everyone to do here. Make a point to take note of your location in this massive park to avoid confusion and being lost with no direction.

29 Huizhou Rd, Hexi District

Yangcun Village Small World Park

A unique spot for day trips, Yangcun Small World Amusement Park bases its design on the Earth's tectonic plates. You can admire over 115 miniature attractions of some of the world's most iconic sites including the Eiffel Tower, Mt. Everest, and even The Great Wall of China.

Yangcun Town, Wuqing District



THE PEOPLE'S PARK

Mawangdui Han Tombs

THE MUMMY: CHINA EDITION

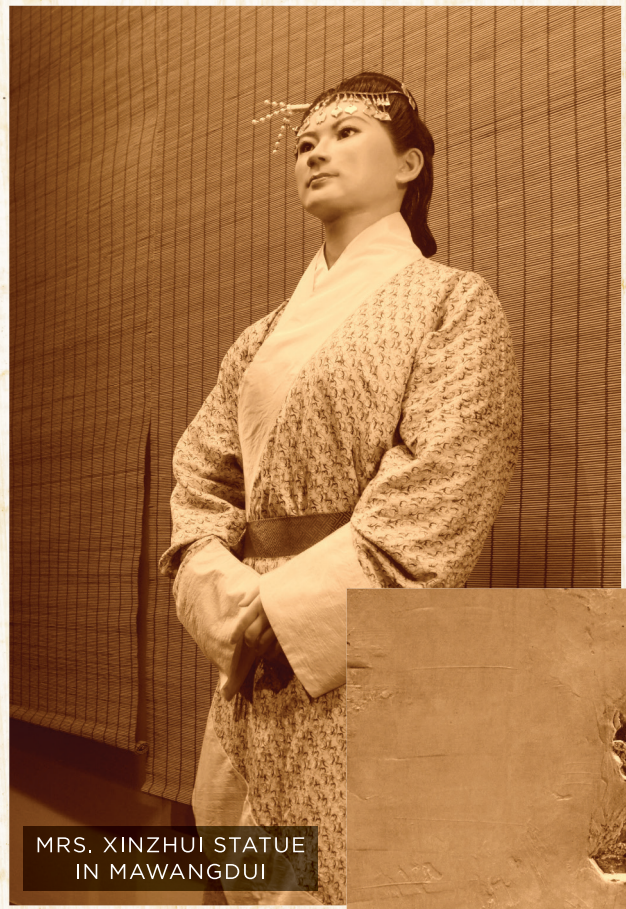
Located in Changsha, the capital of Hunan province, with more than 3 millenniums of history, Mawangdui Han Tombs has everything for a Chinese history enthusiast, from thousands of ancient relics to a well-preserved mummy.



MAWANGDUI HAN DYNASTY TOMB UNEARTHED RELIC



One of the most remarkable archaeological discovery of all time, the Mawangdui Han Tombs deserve to be called "the book that opens the West Han Dynasty to the World". Found in 1972, this area was reportedly the resting place of the family of Mayin (马殷), (853–930), a ruler of



MRS. XINZHUI STATUE IN MAWANGDUI



CARVING WORKS IN MAWANGDUI HAN TOMB

the Chu State during the Five Dynasties and Ten Kingdoms period.

Apart from the two saddle-shaped hills, the site contains three tombs, from which thousands of artifacts from West Han Dynasty have been excavated. Most of them are currently on display at Hunan Provincial museum.

In the eastern tomb of the sites, archaeologists unearthed lacquered wine-bowls and cosmetic boxes, which showed the craftsmanship of the regional lacquerware industry. However the most significant discovery is the mummified body of Lady Dai Xin Zhui, a woman in her fifties.

Her body was so well-preserved that scientists could conduct a post-mortem examination on her body, which concluded that she most likely died from a heart attack. In particular, her diet was excessively rich in sugars and meats, and she had coronary heart disease. Buried with her were skeletons of different sustenance creatures, jujubes, lotus soup, grains and a total feast including soup, rice and meat sticks on a veneer set. Specialists discovered honeydew melon seeds in her stomach, surmising consumption just before death. She lived longer than the tenants of the other two tombs.

The first and third tombs were in excellent condition when exhumed, with the first tomb being the biggest among the three. The first and second tombs have been filled and the third tomb has been safeguarded and secured by a roof to shelter visitors. From researchers' literary research, the proprietors of these three tombs are the executive of Changsha State Li Cang (利苍), his better half Xin Zhui (辛追) and his child Li Xi (利豨).

You can view the unearthed artifacts and the Lady Dai's mummified body at the Hunan Provincial Museum, which houses Mawangdui Han Tombs. To enjoy the full experience, you should spend at least 3 hours there.

Chinese name:
马王堆汉墓
(Mawangdui Hanmu)

Location:
The Hunan Provincial Museum, No.50, Dong Feng Road, Changsha City, Hunan Province.

Opening times:
9am - 5pm daily, closed on Mondays (except on public holidays) and Chinese New Year's Eve.

Getting There:
Free (5000 tickets are offered per day); Ticket collection starts from 8.45am to 4pm (Identification document is required) Website registration in advance is also available

Getting There:
Buses **No.112, 113, 131, 136, 146, 150, 302, 303, 704, 901** (Get off at the Hunan Provincial Museum stop)

Best time to visit:
Autumn

Macao Giant Panda Pavilion



THE GIANT PANDA EATING BAMBOOS IN THE MACAU GIANT PANDA PAVILION



VISITING THE BLACK-EYE BEARS

Located in the Macao Zoo at Seac Pai Van Park, Macao Giant Panda Pavilion does not only offer an inexpensive opportunity to see pandas, the national symbol of China, but also a serene atmosphere where people can escape from the crowded and noisy casinos in the Las Vegas of Asia.

Coloane, known as the 'Macao's green belt', features a total contrast to the glitzy casinos in Macao, which is the most successful gambling hub in the world. It is home to green hills, beautiful forests, and beaches. It is also where one can find the Seac Pai Van Park, Macao's biggest green area. Its main attraction is the Macao Giant Panda Pavilion, a state-of-the-art facility visited by thousands of people on a daily basis.

With a fan-shaped layout covering an area of about 3,000 square metres, the Pavilion is a unique structure resulting from the combination of natural undulation of the terrain and architectural designs. Undoubtedly, the stars of the show are the pavilion's two giant pandas, named Kai Kai and Xin Xin. In 2016, giant panda Xin Xin gave birth to a set of adorable twins named Dabao and Xiaobao, whom the public are now able to visit as well.



THE GIANT PANDAS PLAYING IN THE MACAU PANDA PAVILION

miss the pavilion's two red pandas named Luo Luo and Tong Tong. They hang out in the building adjacent to the giant pandas. Like the giant pandas, red pandas are also facing the threat of extinction in the wild due to illegal logging and climate change threatening their habitats. Red pandas are relatives of the giant panda and the raccoon, with which it shares a ringed tail.



THE ENTRANCE GATE OF MACAO GIANT PANDA PAVILION THAT HAVE THE HUGE PANDA MASCOT CHARACTER PANEL STANDING

It is not just the giant pandas that draw people to Seac Pai Van Park. The park is also home to children playgrounds, picnic areas, flowerbeds, a small zoo with several species of monkeys, as well as a large walk-in aviary with peacocks, pheasants, and other colourful species.

Furthermore, for those keen on a bit of exercise, Seac Pai Van Park is the starting point for walks along two of Coloane's most scenic trails: the Seac Pai Van Nature



PLAYFUL BABY GIANT PANDA BEAR IN MACAO GIANT PANDA PAVILION

Walk and the Seac Pai Van River Ecological Trail.

The Macao Giant Panda Information Centre and Macao Giant Panda Gift Shop are situated inside the park too. The Macao Giant Panda Information Centre is a two-storey building featuring multifunctional video rooms, exhibition areas, reading corners and network interactive areas.

The entrance fee is 10 MOPs and free for children (12 years old & under) and seniors (65 years old & above). The park is open until 6pm daily but the viewing pavilion closes at 5pm. The best time to visit is **between 11am - 12pm** as that is when the pandas are fed and hence are most active. Do take note that the pavilion is closed **between 1pm - 2pm** in the afternoon for cleaning.

NOTE TO VISITORS:

- Visitors must follow the instructions of the on-duty staff of the pavilion.
- Do not bring any glassware or hazardous objects into the pavilion.
- Do not feed animals.
- Do not smoke in the pavilion.
- Do not eat in the pavilion.
- Do not use flash when taking pictures.
- Do not rap on any glass surface.
- Do not shout or run around in the pavilion.
- Do not litter in the animal exhibit areas.
- Do not climb over railings into any animal exhibit areas.
- Do not access the logistical areas.
- In the case of emergency, please follow the instructions of the on-duty staff to evacuate the pavilion.



THE GIANT PANDA EATING BAMBOO LEAVES IN THE MACAU GIANT PANDA PAVILION

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TEMPLE OF LITERATURE, VAN MIEU, HANOI



Temple of Literature

VIETNAM'S HOUSE OF CONFUCIAN SCHOLARSHIP

If you are an enthusiast of Vietnamese history and culture, as well as Confucianism outside of China, the Temple of Literature (Văn Miếu Quốc Tử Giám) in Hanoi should be on the top of your must-see list.

In the hustle and bustle of Vietnam's capital city lies the temple of literature, tucked behind an enclosed compound. A site famous for its serene and peaceful atmosphere, it is the first university of the nation and one of the top attractions in the country.

Located at the south of the Imperial Citadel of Thăng Long, the Temple of Literature was built under Emperor Ly Thanh Tong's dynasty in 1070 to honour Confucius, a Chinese teacher, politician, philosopher and the founder of Confucianism. the



THE GARDENS OF THE FIRST COURTYARD IN THE TEMPLE OF LITERATURE

However, the temple has been reconstructed during various dynasties, as it suffered damage from wars through the centuries.

Initially, the college only accepted the bureaucrat, the elite and imperial relatives as its pupils before gradually opening its doors to more brilliant 'everyday citizens'. The students took Imperial Exams administered by the Emperor himself, and those who passed were offered prestigious positions in the government. Successful alumni had their names engraved on a stone stele which can be found over the stone turtles.

Under the French protectorate, the Temple of Literature was enlisted as a Monument Historique in 1906. Between 1945 and 1954, the French destroyed parts of the sanctuary to





▲ **ABOVE :** Big sacred drum in the gardens of the temple of the literature

▶ **RIGHT :** Khue Van Cac (Stelae of Doctors) in Temple of Literature (Van Mieu) at night

account for the sick and injured since the hospitals were full amid times of war. The rebuilding was done between 1920 and 1947 when it was under the authority of French School of the Far East.

The Temple of Literature has five courtyards, modeled after the birthplace of Confucius, with a monumental entrance and a path running through the centre. Landscaped gardens with ancient trees brim the first two courtyards of the site. The Well of Heavenly Clarity, a large pond, sits in the third while the fourth courtyard, called the Sage Courtyard, features a life-size statue of Confucius on an altar. This statue is popular among students who come to pray to it for good grades and ceremonies. Thai Hoc, the last courtyard, features a large drum and a bell tower.

Considered as one of the top historical attractions in Vietnam and a symbol of scholarship and wisdom, the Temple of Literature is displayed on the back of the 100,000 Vietnamese đồng banknote. Every year, just before the Lunar New Year, calligraphists gather outside the temple and write wishes in Han characters.



STATUE IN THE LITERATURE TEMPLE

TIPS FOR VISITING THE TEMPLE OF LITERATURE

Getting There:

The temple is located between Ton Duc Thang Street and Van Mieu Street Lake, about a 15-minute walk from Hoan Kiem Lake.

Time to Visit:

From April to October: **07:30-17:30**
From October to April: **08:00-17:00**

Entrance fee:

The entrance fee is **30,000 VND** (about $1.50). Entry is free for children under 15 years old.

Dress Code:

Keep your shoulders covered and wear long pants or skirts. Photography is allowed, but you should avoid taking pictures of the people who are worshipping.

Recommended time to spend there:

You should spend at least an hour and a half to explore the five courtyards of the temple; an hour for the first four courtyards and half an hour for the fifth one.



◀ **LEFT :** Old master is writing ancient letter for everyone in lunar new year

ANGKOR PARADISE HOTEL

吴哥天堂酒店

★★★★★









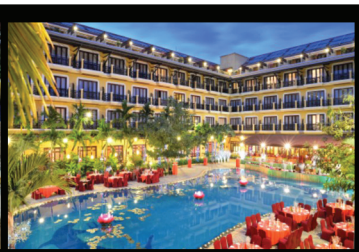
Explore

Welcome to Angkor Paradise Hotel where every element symbolizes rich colors and textures that reflect traditional Cambodian architecture, offers spaciousness (room size starting at 42 sqm). Each element has been personally designed with its own private balcony and provides either fabulous views of the city or stunning views of the hotel's swimming pool and its surrounding gardens, elegant wooden floor, and boast separate bathtub and shower facilities.

The resort style Angkor Paradise Hotel is situated in the heart of Siem Reap town. It is 10 minutes drive away from Siem Reap International Airport, just a few minutes WALK to the Royal Residence, National Museum, renowned lively Pub Street, bustling Night Market, famous Old Market (Phsar Chas), and a 10-minute drive to the UNESCO World Heritage Site of Angkor Wat Temple, and countless places of interest. Angkor Paradise Hotel is without a doubt a prime location for your stay in Siem Reap.









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参观人间地狱

欢迎参观吐斯廉屠杀博物馆

1975年至1979年间，柬埔寨冷血统治者——红色高棉，在统治期间因为强迫人民劳作，造成许多人死于饥饿，同时大规模的杀戮也造成了200多万人死于非命。在铁腕的统治下，柬埔寨各个省份都建有监狱，被拘留的犯人包括知识分子、艺术家、旧政府的前官员，甚至红色高棉干部在内的囚犯，他们被审讯、折磨，并被杀害。其中最大和最臭名昭彰的是位于金边的第21号监狱，目前被称为“吐斯廉屠杀博物馆”



◀ 左：吐斯廉屠杀博物馆入口



吐斯廉屠杀博物馆即使从外面看起来也很怪异，甚至连不相信超自然现象的人也可以感受到一股奇怪的气息。除了灰色的高墙外，这所1976年建立的残酷监狱，一直被铁丝网笼罩着。在高棉统治期间，此监狱的保安设备极为森严，包括安装了电围栏和300名狱警，预防任何囚犯逃狱。

在成为第21号监狱之前，该监狱在红色高棉统治期间也是全国监狱系统的中心。而吐斯廉屠杀博物馆的前身是一所名叫朝珀合嗄牙的高中（Chao Ponhea Yat High School）。不了解红色高棉残酷统治手腕的游客，可能会觉得这些建筑和其他柬埔寨的学校没什么不同。然而，一旦游客进入五座三层楼建筑物中的其中一座，就会感受到此处的阴森恐怖。

高棉政府把该高中的教室改造成牢房和酷刑室。当时用来铐着囚犯的镣铐，以及看了让人感到一阵凉意的酷刑设施依然遗留在监狱里。

在大厅和走廊的墙壁上悬挂着囚犯的照片，这些照片是在他们被带到此监狱的同一天拍摄的，除此之外，根据幸存者所描述，也有当时狱官对囚犯的非人道待遇和被施以酷刑的画像。其中一幅画作展示了监狱看守员把囚犯的指甲从手指上拔下来的画面，而另一幅画作则展示红色高棉干部将一名小孩朝一棵棕榈树上猛击，而小孩的母亲正在哭泣旁观的画面。

该监狱在建立后的几个月，囚犯当中大多数的受害者是前任朗诺政府的官员和士兵，其中也包括士兵、学者、医生、教师、学生、僧侣、工程师和厂工等等。后来，红色高棉也逮捕了许多官员，他们被指控犯有叛国罪或间谍罪，他们的家人也被逮捕并在那里被审讯。其一系列酷刑系统



柬埔寨金边二十一号监狱里的牢房



◀ **左：**在过去，这里是政治犯被拘留并遭受酷刑的地方

▼ **下：**在二十一号监狱被拘留的囚犯的照片



设立的目的是迫使囚犯承认他们的罪行，尽管他们中大多数人是无辜的，也或许只是在日常工作中犯了一点小错误而已。

在供认之后，没有在监狱里死亡的囚犯会被送到距离金边仅15公里的刑场，也被称为“杀戮场”的琼邑克。这些未经审判就被处决的犯人遗体今天仍在地球上，作为被不公迫害的遗嘱。

根据监狱的报告，估计有2万人被拘留在第21号监狱，其中只有12人在红色高棉沦陷时幸存。其中四名幸存者是儿童，其余的人因拥有绘画和摄影等技能，被高棉官员认定为有长处而免于被杀害。最著名的两名幸存者是机械师春梅(现年88岁)和画家宝明（现年77岁），他们向全世界掀开了第21号监狱可怕的故事面纱。

在1980年，第21号监狱被设立为吐斯廉屠杀博物馆，从那时起它就成为首都最受欢迎的旅游景点之一，尽管它拥有恐怖的背景。

参观者可以通过在监狱里每日放映的纪录片了解更多有关第21号监狱的信息。还可以在每天下午与当时的幸存者春梅和宝明会面和交谈，同时在每个周一、周三和周五，下午2时左右举办相关主题的公开讲座。

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金边周末最热门的活动

金边作为柬埔寨的首都，她拥有许多吸引活跃游客的休闲场所。但如果您是一名在金边生活和工作的外籍人士，除了在周末，你可能没有多余的时间进行休闲活动，更或者不想花太多的花费。 可是为了能让您的生活充满活力且减轻压力，我们将介绍一些不需太高消费，但却可以享受周末的有趣活动。



打保龄球

金边只有几家保龄球馆，虽然如此，如果您是保龄球爱好者，您可以随时前往AEON购物商场二楼的BluO Bowling与您的家人或朋友一起打保龄球。 BluO Bowling是全国第一家拥有13个球道的



AEON购物商场里的BLUE'O保龄球馆

保龄球场，现场还有唱片骑师播放其精心配制的热门音乐，让您的游戏更为刺激有趣。玩一局球赛通常只需消费大约5-6美元，您也可以注册成为会员以获取更实惠的价格。您还可以关注其面子书页上的促销活动。



庄园别墅酒店的游泳池



游泳

处于热带的柬埔寨，无时无刻都是游泳的好时机。金边的大部分游泳池都属于酒店，其中大多数仅限于住户。 然而，其中一些例如262号街的庄园别墅（Manor House）和289号街的长滩广场（Long Beach Plaza），只需几块钱即可入场。 您最好的选择是位于市中心健身中心的游泳池， 一些评价很高的健身房包括金边体育俱乐部（Phmom Penh Sport Club），The Place健身房（The Place Gym）和Superfit健身俱乐部（Superfit Fitness And Health Club） （您可以在谷歌地图上查找它们的正确位置）。 此外奥林匹克体育场（Olympic Stadium）也设有一个免费的公共游泳池，但目前关闭直至2019年7月以进行翻新工程。

镭射枪战

镭射枪战（Laser Tag）是一款射击模拟游戏，对柬埔寨市场来说是一种非常新颖的游戏，但这并



正在享受镭射枪战的一对情侣

不意味着您不能在柬埔寨体验这种游戏。 目前柬埔寨只有一家室内镭射枪战，位于Kid City。你可以在一个专门为室内镭射枪战设计的迷宫中与多达30个朋友一起战斗。 一局游戏可持续长达25分钟，每位玩家花费约5美元。Kid City也会举办每月锦标赛，如果您想把奖杯带回家，请和您的朋友赶快组团一起来大显身手吧!

观赏柬式拳击

柬式拳击（Kun Khmer）是柬埔寨搏击运动的名称，其历史可以追溯到几百年前。今时，柬式拳击就像现代搏击一样在环中进行。与现代格斗运动不同的是，五轮比赛中会播放传统柬埔寨音乐。两名运动员试图用身体的每个部位作为武器来击败对方，喜欢搏击运动的人一定会喜欢。在比赛开始之前，两位运动员会表演一种名为Kun Kru的战舞，作为一种给对手下马威的形式，以及展现武术的艺术元素。柬埔寨的许多电视台，如Bayon TV，SEATV，CTN和Apsara，都会在电台播放搏击比赛节目，并且是免费的。这些电台偶尔会播放国际比赛，尤其是柬埔寨柬式拳击手和泰国泰拳拳击手之间的格斗赛事，因为这两种战斗风格的拳击起源，引起了很多人的关注。


在河边放风筝的旅客

放风筝

金边由于迅速的繁荣发展，在繁忙的市中心附近并没有很多大型的开放空间。然而，金边仍然有一个宽敞而空旷的地方，那就是非常靠近市中心的洪森大道（Hun Sen Boulevard）上的地区。在这里，您可以利用周末或周日的傍晚在此处放风筝。怅怀童年的记忆的同时，也不用担心风筝会卡在电缆上。 如果您有想要放风筝的冲动，大道附近有几家供应商有出售风筝，还有一些食品摊位出售油炸肉丸子、木瓜沙拉和其他受欢迎的柬埔寨街头美食以及饮料，非常适合在那里度过休闲的一天。


柬埔寨的柬式拳击手

钓鱼

住在金边并不一定意味着需停止进行各种户外活动，而钓鱼是一种不错的选择，因为可以缓解压力。毫无疑问的，钓鱼的最佳地点是这里的河流，当你想到金边的河流时，一定不会忘了河滨（Riverside）。幸运的话，您可能会在这里钓到乌鳢、多曼鱼、罗非鱼甚至巨型鲶鱼。但是，您也可能会钓上一些塑料袋或其他垃圾。每天晚上，特别是雨季，渔夫们都会聚集在Koh Pich河岸，尤其是AEON Mall后面的地方钓鱼。



PHNOM PENH CENTRAL BUSINESS DISTRICT & GOLDEN LOCATION

坐落金边经济开发区黄金地段

8% ANNUAL RETURNS

回报率达到8%

PRICE STARTING AT $1300/sqm

均价仅需$1300/㎡起

3 YEARS GUARANTEED RENTAL RETURNS

返祖3年

V-HOUSE is located in the core area of Phnom Penh, a 3-minute commercial area. It surrounded by international brand schools, the largest commercial in Phnom Penh AEON 2, Makro, TK Avenue, etc. to enjoy International cuisine, complete facilities and convenient living with one-stop service.

V-HOUSE 位于金边核心区，3分钟商业圈地段，国际品牌学校环绕，坐享目前金边最大规模的商业 AEON 2, Makro，TK 商业街等一站式服务，享各国美食，配套齐全生活便利。











AB 面积 AREA: 40.35m² STUDIO



C 面积 AREA: 68.08m² TWO BEDROOMS



I 面积 AREA: 53.50m² ONE BEDROOM

V-HOUSE CONDOMINIUM

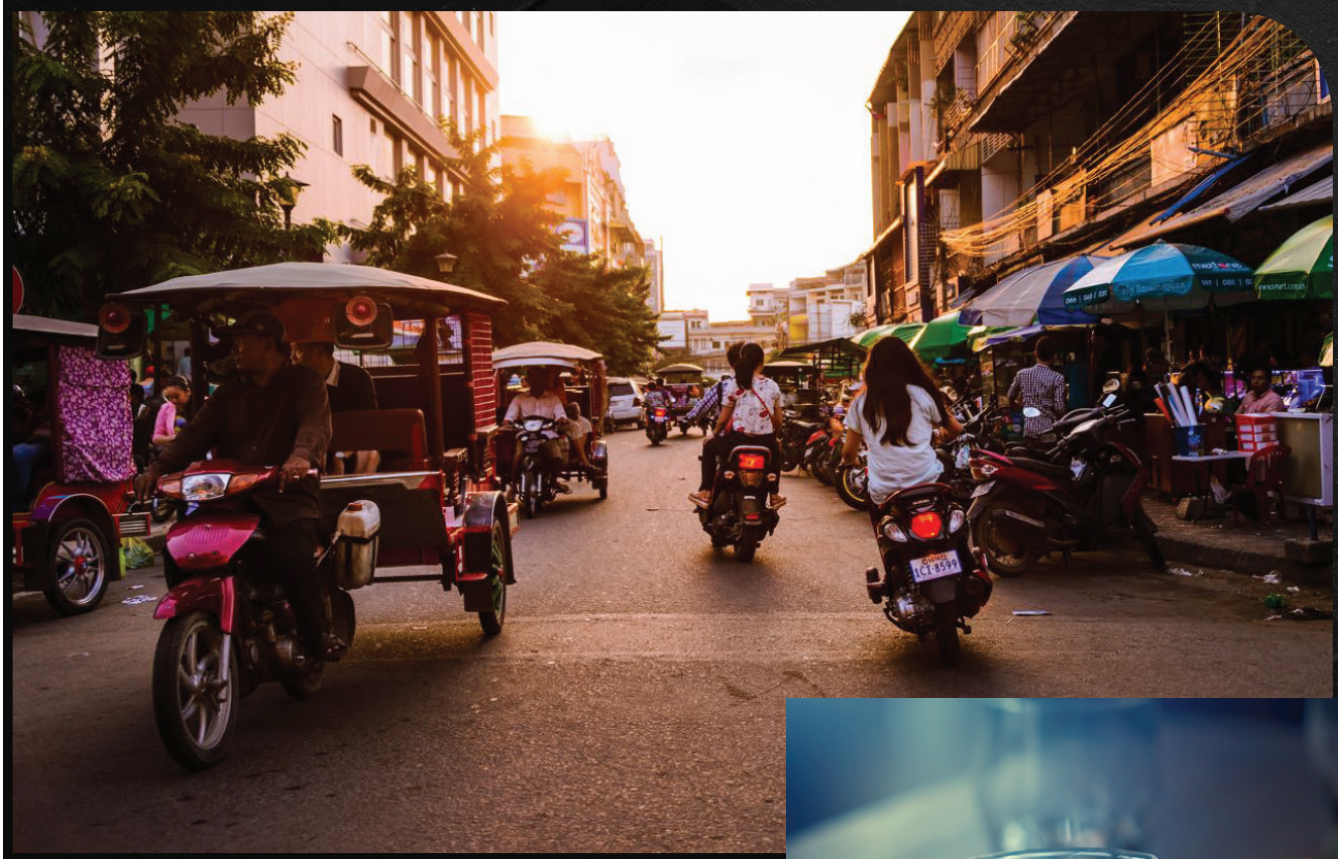
贵宾专线
VIP LINE
(+855) 89 288 777

售楼部地址
柬埔寨王国金边市森速区新金边 1986路 (大大餐厅左侧斜对面)

Showroom Address Cambodia
St 1986, Sangkat Phnom Penh Tmey, Khan Sen Sok, Phnom Penh, Cambodia
(In front of Tay Tay Restaurant)

静悄悄地品酒

金边隐蔽式酒吧





金边的夜生活场所在近年来如雨后春笋般崛起，有数百家酒吧供那些喜欢喝酒社交，但又不喜欢嘈杂夜生活的人享受。如果您是喜欢地下酒吧宁静轻松氛围的人之一，这里肯定能满足您的要求。

酒吧



您千万别忽视可口可乐贩卖机，不然就轻易地错过了BattBong酒吧，它位于51号街靠近兰卡寺的入口。 在里面，您可以与一个神秘的地下酒吧相遇，她采用复古的装饰，装点着雍容的姿态，使她的氛围更显轻松。这里为您准备高雅的鸡尾酒和西式菜肴。

营业时间： 星期日至星期六，
地址： 132 Z13 Street 51, Phnom Penh, Cambodia

深夜酒吧



深夜酒吧在2016年开始营业时引起了一个潮流趋势，目前是Toul Tom Poung市场里最受欢迎的酒吧。它是一家以地下酒吧风格设计的私人双层式酒吧，这里当然少不了波本威士忌，酿啤酒，混合饮料和葡萄酒及主菜。毫无疑问，这是金边俄罗斯市场最热门的景点，慢节奏的浪漫音乐伴随着夜景，让游客陶醉其中。

营业时间： 星期日至星期四，
星期五至星期六，
地址： 86 Street 450, Phnom Penh, Cambodia

后巷酒吧



在Phsar Kapko旁边的9号街和Sothearos大道之间的一条小巷子里，如果您看见一个被灯饰点缀的黑色篮子，并带有“Back Street Bar”的招牌，那么，您可以驻下脚步，在这里享用鸡尾酒，暂时避开喧闹的街道，享受片刻宁静。 菜单上有很多经典的鸡尾酒和烈酒供您选择，但这酒吧只提供花生作为下酒菜，因此建议游客享用了晚餐才来惠顾。游客可以沿着狭窄的小巷，留心寻找悬挂着的灯饰与遮阳伞，就可抵达此酒吧一亲芳泽。

营业时间： 星期一至星期六，
地址： 43 Sothearos Boulevard, Phnom Penh, Cambodia

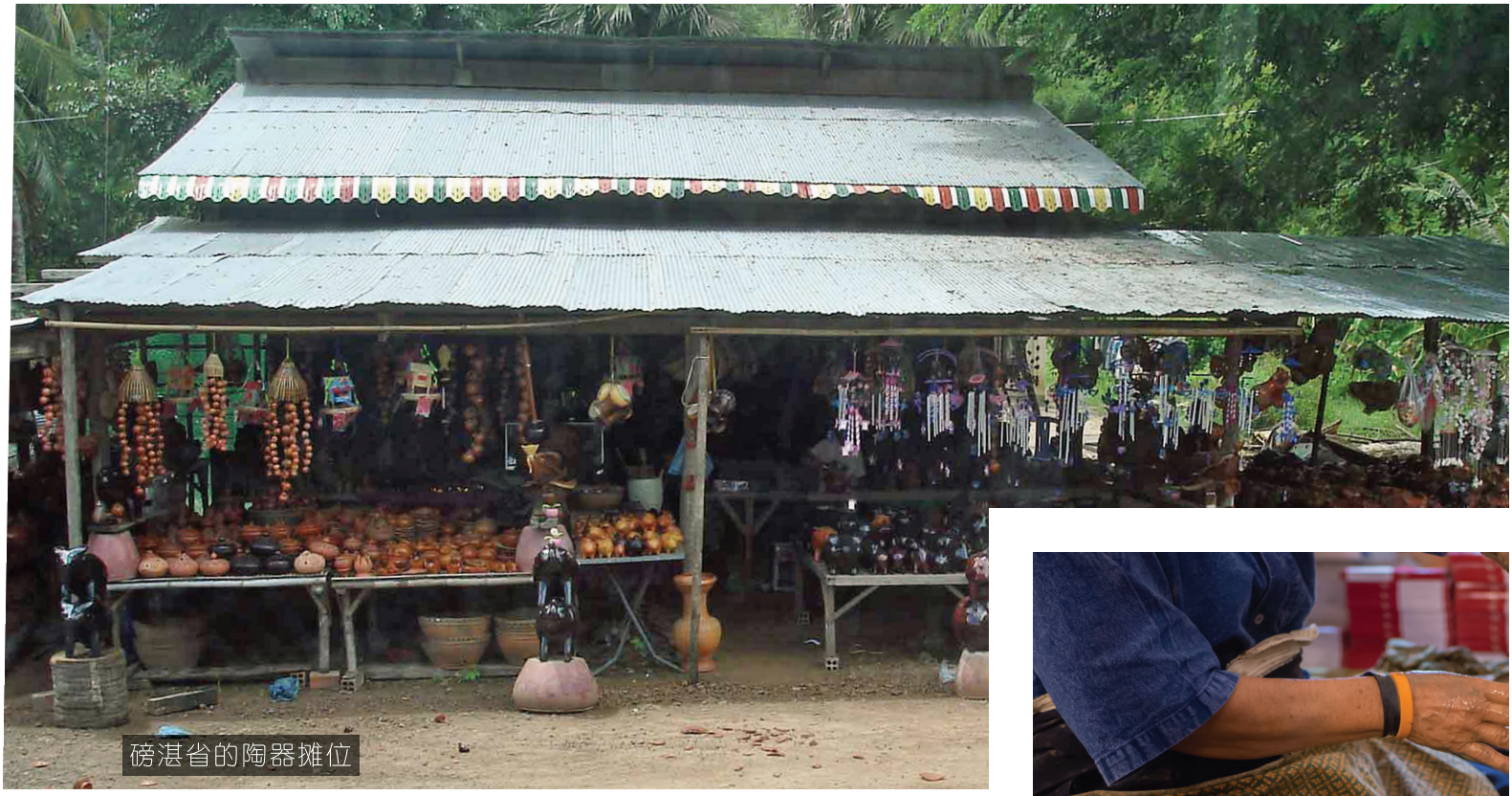
酒吧



这是金边的另一个人迹罕至的聚会场所，也是金边唯一拥有正宗法国鸡尾酒和小吃的地方，这里可以玩法式沙球和橙色铁球的法式游戏，而且还备有台球桌和飞镖靶。 业主Adi和Rodriguez建议在玩游戏的同时来一杯Pastis（1.50美元）或Ricard（2美元）。他们也提供像凯匹林纳鸡尾酒（Caipirinha）和玛格丽塔（Margarita）（每杯3.50美元）的鸡尾酒。 菜单上备有凤爪（3.50美元）等小吃，以及带有香肠、腌制火腿和干腌香肠的熟食盘（6.50美元），肯定让您齿颊留香。

营业时间： 每天，
地址： #203, Street 155 in Toul Tompoung

陶艺遗产



磅湛省的陶器摊位



磅清扬省与其精美陶器

磅清扬省（Kampong Chhnang）是一个距离金边约90公里的中部省份，其名称来自高棉语里的陶器港。 就如其名，当地最著名的就是陶器。

一旦到达磅清扬省的中心，引起游客注意的第一件事就是巨型锅的雕塑，此雕塑多年来一直是该省的象征。 此外，沿着5号国道，通往游客最喜爱的马德望和暹粒，游客能发现许多当地商人不仅销售罐子，还销售其他本地制造的陶器，包括水壶、炉子、储钱罐 和小雕塑。

这些美丽的工艺品有着多种形状，表面上刻有柬埔寨特有的传统装饰图案巴客（kbach）。 一般上，旅游巴士将会停在街道某处的供应商摊位上，以便游客可以购买陶器并带回家作为纪念品。如果一个游客到这里来游玩，而不购买手工精细和优质粘土制作的陶器，那旅途就不圆满了。



▼ 下：正在做陶器的女子





环岛中的巨大陶器

一位美国华裔背包客卡特琳·何（Catherine Ho）买了一个公牛形储钱罐，她说她真的很欣赏磅清扬省的陶器艺术，这独特的手工工艺只能在这里寻获。

“我出生在牛年，所以也许这会给我带来好运，” 卡特琳在寻找钱包时向当地商人时说道。 “这陶器非常漂亮，摆在我的办公室里最适合不过了，也只花了我1.50美元。”

与此同时，在宁静的安东鲁西村（Andong Russey Village），离省会城市只有几公里的地方，摩妮奶奶正在制作一个圆形的陶罐，她在小屋里用木桨把粘土拍成圆形。 像许多在柬埔寨独立之前出生的农村人一样，她不记得她的生日，但她仍然记得她的父母关于陶器制作的教诲，制作陶器的手艺也一代一代的被传承下去。

“除了农业和渔业，我们一直在制作陶器，” 摩妮奶奶说。 “当我还是一个小女孩的时候，我的父母会乘坐一辆牛车从一个村庄到另一个村庄，用陶器换取盐、鱼干和其他东西。”

每天早上，她的孙子们都会到附近的彭康德蔑山（Phnom Krang Dei Meas Mountain）取黏土给奶奶。 这座山的名字在高棉语里意思是金山，是该省份以及一些其他省份陶器制作材料的来源。



磅湛省里制作的陶壶

安东鲁西村（Andong Russey Village）是磅清扬省里最受欢迎的红陶发源地。 这个地区的每个家庭都有美丽的稻田，糖棕榈树，以及制作陶器的小工坊。 一般上，陶艺师会用滚轮或木铲在这些没上漆的陶器雕上迷人美丽的贴花，复杂的制作程序令人着迷。

根据摩妮奶奶的说法，大多数年轻人都选择离开村庄前往金边寻找就业机会，留下来的陶艺师也越来越少了。 尽管如此，仍然有一些人选择留下并传承这份文化遗产。就好比23岁的克欧裼塔（Keo Thida），她从她的父母和她的丈夫那里学到了这种技艺。

陶艺是一项艰苦的工作，从装载陶器到暹粒的街头上贩卖的过程没一项是轻松的，尽管如此，裼塔说没有什么困难可以阻扰她和她的丈夫经营她的家族生意。
“我为我们的陶器工艺感到自豪，对我来说这是一件艺术品，” 她说到。 “我的孩子长大后可以选择在城里学习或工作，但如果他们对陶艺行业感兴趣，我会非常乐意教他们。”

▼ 下：路上的陶器商人

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Being the Ultimate Minimalist Traveller



How long does it take you to pack your bags before you leave your house for a long trip? Do you find it hard when you are trying to get all your things in the bag before leaving your hotel for another place? Most importantly, do you find your bag heavy?

For many, packing for a travel means "to have more than what is needed", but it is not always ideal. Travelling light could be very comfortable if you know the right way to do it. Here are some good tips for those who want to be minimalist travellers.



1 Carry only what you need:

First and foremost, you have to think about your priorities while packing for the trip. You need to make a list of the stuff you have to bring with you, and then eliminate the things that you do not really need. To do this properly, you have to answer this question: "Can I buy it on my way?" For example, you do not need to bring your big bottle of shampoo with you while you can just buy travel-sized shampoo or use the free toiletries at the hotel.

2 Why bring so many clothes?

At the end of the preparation, you will most likely find that your clothes and accessories take up most of the space in your bag although you may not wear them all. The key to solve this issue, in fact, is to bring the "must have" not "just in case", which means bringing what you wear on an average day. You should also bring wardrobe staples, which will cover more than 80% of the situations during your trip. Wearing a jacket with many pockets is also a great way to bring more stuff while the jacket is multi-functional.

3 Reduce weight

Travelling light means to reduce the weight you carry. Thus, when you are faced with two options, you should select the one that is lighter, smaller or designed for multiple uses. Carrying a tablet or E-Reader is obviously easier than having thick and heavy books in your bags. A smartphone with advance photo-taking functions is a good alternative to a camera with a bunch of accessories and many other devices.

4 Think about what you are going to do

You should look into your to-do list, and plan your activities. If what you would do require certain tools or equipment, you have to decide if it is necessary to bring them or you could rent or borrow them at your travel destination. If you are going to a beach, you may need to bring your swimsuit but of course, not your surfboard!

5 Buy a small bag

If you have a big bag for your trip, you are likely to fill it, even with the things that you do not need. The solution? Buy a smaller bag. Having a small bag will encourage you to prioritize while packing and keep your baggage light with only the things you need!



EMERGENCY PHONE NUMBERS

IN CAMBODIA

Phnom Penh Tel: 097 7780002	**Kandal** Tel: 097 7780001	**Kampong Cham** Tel: 097 7780003	**Svay Rieng** Tel: 097 7780007
Sihanoukville Tel: 097 7780008	**Koh Kong** Tel: 097 7780009	**Siem Reap** Tel: 097 7780013	**Battambang** Tel: 097 7780014
Pursat Tel: 097 7780015	**Kampong Speu** Tel: 097 7780018	**Preah Vihear** Tel: 097 7780019	**Kratie** Tel: 097 7780020
Ratanakiri Tel: 097 7780023	**Oddar Meanchey** Tel: 097 7780024	**Mondulkiri** Tel: 097 7780022	**Kep** Tel: 097 7780011
Preyveng Tel: 097 7780006	**Kampong Chhnang** Tel: 097 7780016	**Takeo** Tel: 097 7780005	**Kampot** Tel: 097 7780010
Stung Treng Tel: 097 7780021	**Banteay Meanchey** Tel: 097 7780017		

PHNOM PENH

Police **Tel: 119** Or 012 999999	**Traffic Police** **Tel: 117** Or 012 896628	**Fire Station** **Tel. 118** Or 023 7235551	**Ambulance** **Tel: 119** Or 023 723 840
Blood Transfusion Center Tel: 023 215 949	**Water Supply** Tel: 023 724 046	**Public Utilities Electricity(Edc)** Tel: 023 723 871 (24hr)	**Ambulance(S.A.M.U)** Tel: 023 724 891 023 426 918 012 912 947 016 585 108 092 858 434

SIEM REAP

Fire Station Tel: 063 760 133	**Ambulance (S.A.M.U)** Tel: 063 761 119 012 630 399	**Police Station** Tel: 012 630 863 012 630 002	**Water Supply** Tel: 063 963 395	**Traffic Police** Tel: 063 760 123

SIHANOUKVLLE

Fire Station Tel: 016 207 790 016 857 476	**Police** Tel: 016 904 598 012 824 303	**Electricity (Edc)** Tel: 034 933 756 034 933 716	**Water Supply** Tel: 011 666 121	**Traffic Police** Tel: 012 774 737 015 525 293 011 818 20

IN THAILAND

Mobile Police **Tel: 191**	**Fire Brigades** **Tel: 199**	**Tourist Police** **Tel: 1155**	**Police General Hospital** **Tel: 0 2207 6000**	**Tourist Service Centre** **Tel: 1672**
Highway Police **Tel: 1193** 0 2354 6007	**Ambulance and Rescue** Tel: 1554	**Crime** **Tel: 1195**	**Medical Emergency Call** **Tel: 1669**	**National Disaster Warning Centre** **Tel: 1860**

IN VIETNAM

Police **Tel: 113**	**Fire** **Tel: 114**	**International telephone service** **Tel: 110**	**Ambulance First Aid** **Tel: 115**	**Weather forecast** **Tel: 1080**	**Domestic long distance telephone service** **Tel: 101**
General information service **Tel: 1080**	**Law Consultancy service** **Tel: 1088**	**Phone number enquiries** **Tel: 116**			

Note: When you make a phone call to above emergency numbers from a telephone,
you just dial the number without adding any area code
In case, you call by a mobile phone, you need to dial your current area code number
(For example: You are now in Hanoi, you call 1088. So please dial 04-1088.

IN CHINA

Police (Calling) **Tel: 110**	**Police (Text message)** **Tel: 12110**	**First-aid Ambulance** **Tel: 120**	**Fire** **Tel: 119**	**Traffic Accidents** **Tel: 122**	**SOS in Water** **Tel: 1239**

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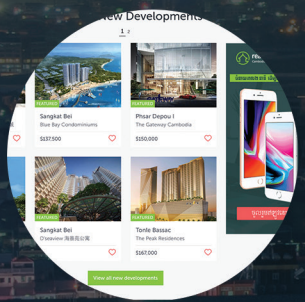

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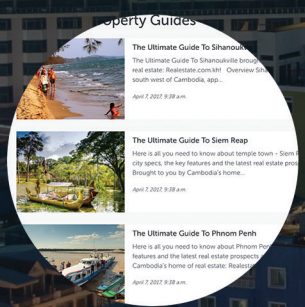

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OUR ROUTES / 航线

At present, Lanmei Airlines' flight destinations include Phnom Penh, Siem Reap, Sihanoukville, Bangkok, Macau, Hong Kong, Guangzhou, Changsha, Nanning, Shijiazhuang, Guiyang, Jinan, Tianjin, Jieyang, Taiyuan, Linyi, Shenyang, Xi'an, Kunming, Dalian, Qinhuangdao, Yiwu, Wuhan, Datong, Chengdu, Zhengzhou, Nanjing, Zunyi, Palau. Each of these destination offer unique and exciting features that are sure to captivate your heart and create lasting memories for you and your loved ones to cherish in many years to come.

For updates on flight schedules and routes, you may visit:

lanmeiairlines.com

OUR SCHEDULES / 航班时刻表

LQ960-1 SIEM REAP - NANJING / NANJING - SIEM REAP
暹粒 - 南京 / 南京 - 暹粒
4 hours 00 minutes 4小时 00分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	18:50	NKG	00:05			●		●		●
NKG	01:05	REP	04:35	●			●		●	

LQ916-7 SIEM REAP - SHIJIAZHUANG / SHIJIAZHUANG - SIEM REAP
暹粒 - 石家庄 / 石家庄 - 暹粒
5 hours 00 minutes 5小时 00分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	09:35	SJW	15:35	●		●		●		
SJW	16:35	REP	20:50	●		●		●		

LQ922-3 SIEM REAP - JINAN / JINAN - SIEM REAP
暹粒 - 济南 / 济南 - 暹粒
4 hours 45 minutes 4小时 45 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	01:10	TNA	06:30		●		●		●	
TNA	07:30	REP	11:15		●		●		●	

LQ902-3 SIEM REAP - XI'AN / XI'AN - SIEM REAP
暹粒 - 西安 / 西安 - 暹粒
4 hours 05 minutes 4 小时 05 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	21:50	XIY	03:05	●		●		●		
XIY	04:05	REP	07:25		●		●		●	

LQ920-1 SIEM REAP - NANNING / NANNING - SIEM REAP
暹粒 - 南宁 / 南宁 - 暹粒
2 hours 25 minutes 2小时 25分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	08:40	NNG	12:05		●		●		●	
NNG	12:55	REP	14:25		●		●		●	

LQ910-1 SIEM REAP - CHANGSHA / CHANGSHA - SIEM REAP
暹粒 - 长沙 / 长沙 - 暹粒
3 hours 25 minutes 3小时 25分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	18:40	CSX	23:25		●				●	
CSX	00:25	REP	02:50			●				●

LQ890-1 SIEM REAP - DALIAN / DALIAN - SIEM REAP
暹粒 - 大连 / 大连 - 暹粒
5 hours 25 minutes 5 小时 25 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	01:05	DLC	06:30		●					
DLC	07:30	REP	12:30		●					

LQ918-9 SIEM REAP - GUIYANG / GUIYANG - SIEM REAP
暹粒 - 贵阳 / 贵阳 - 暹粒
4 hours 00 minutes 4小时 00分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	16:50	KWE	21:05	●			●		●	
KWE	22:05	REP	00:05	●			●		●	

LQ912-3 SIEM REAP - SHENYANG / SHENYANG - SIEM REAP
暹粒 - 沈阳 / 沈阳 - 暹粒
5 hours 20 minutes 5小时 20 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	02:20	SHE	07:30	●						
SHE	08:30	REP	13:55	●						

LQ876-7 SIEM REAP - WUHAN / WUHAN - SIEM REAP
暹粒 - 武汉 / 武汉 - 暹粒
4 hours 00 minutes 4 小时 00 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	21:50	WUH	02:05		●		●		●	
WUH	03:05	REP	05:40			●		●		●

LQ878-9 SIEM REAP - TAIYUAN / TAIYUAN - SIEM REAP
暹粒 - 太原 / 太原 - 暹粒
4 hours 30 minutes 4 小时 30分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	15:30	TYN	20:25	●						
REP	20:20	TYN	01:25	●						
TYN	21:25	REP	01:15	●						
TYN	02:25	REP	06:15		●					

LQ968-9 SIEM REAP - CHENGDU / CHENGDU - SIEM REAP
暹粒 - 成都 / 成都 - 暹粒
3 hours 00 minutes 3 小时 00 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	22:10	CTU	02:25	●		●		●		●
CTU	03:25	REP	05:40	●	●		●		●	

SIEM REAP - ZUNYI / ZUNYI - SIEM REAP
LQ932-3
暹粒 - 遵义 / 遵义 - 暹粒
3 hours 00 minutes 3小时00分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	10:45	ZYI	14:50			●		●		●
ZYI	15:50	REP	18:10			●		●		●

SIEM REAP - QINHUANGDAO / QINHUANGDAO - SIEM REAP
LQ872-3
暹粒 - 秦皇岛 / 秦皇岛 - 暹粒
6 hours 00 minutes 6小时00分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	06:40	BPE	12:50			●		●		●
BPE	13:50	REP	18:40			●		●		●

SIEM REAP - TIANJIN / TIANJIN - SIEM REAP
LQ930-1
暹粒 - 天津 / 天津 - 暹粒
4 hours 05 minutes 4小时05分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	03:05	TSN	08:50			●				●
TSN	10:10	REP	14:10							●
TSN	11:00	REP	15:10			●				

SIEM REAP - DATONG / DATONG - SIEM REAP
LQ820-1
暹粒 - 大同 / 大同 - 暹粒
5 hours 00 minutes 5小时00分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	13:15	DAT	19:00		●		●		●	
DAT	20:00	REP	00:10		●		●		●	

SIEM REAP - MACAU / MACAU - SIEM REAP
LQ506-7
暹粒 - 澳門 / 澳門 - 暹粒
2 hours 30 minutes 2小时30分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	07:15	MFM	11:00		●		●		●	
MFM	21:00	REP	22:45		●		●		●	

MACAU - PALAU / PALAU - MACAU
LQ9509-8
澳門 - 帕劳 / 帕劳 - 澳門
4 hours 00 minutes 4小时00分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
MFM	11:40	ROR	16:40		●		●		●	
ROR	17:20	MFM	20:15		●		●		●	

SIHANOUKVILLE - MACAU / MACAU - SIHANOUKVILLE
LQ502-3
西哈努克港 - 澳門 / 澳門 - 西哈努克港
2 hours 30 minutes 2小时30分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	15:25	MFM	19:10	●			●			
MFM	19:40	KOS	21:10	●			●			

SIHANOUKVILLE - SIEM REAP / SIEM REAP - SIHANOUKVILLE
LQ330-3
西哈努克港 - 暹粒 / 暹粒 - 西哈努克港
45 minutes 45分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	08:20	REP	09:05			●		●		●
KOS	11:00	REP	11:50	●			●		●	
KOS	20:10	REP	21:05						●	
KOS	22:00	REP	22:45	●						
REP	09:00	KOS	09:50		●					
REP	14:35	KOS	15:25		●					
REP	16:40	KOS	17:30				●		●	
REP	17:00	KOS	17:50			●		●		●

SIHANOUKVILLE - GUANGZHOU / GUANGZHOU - SIHANOUKVILLE
LQ900-1
西哈努克港 - 广州 / 广州 - 西哈努克港
3 hours 10 minutes 3小时10分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	21:55	CAN	02:20	●		●		●		●
KOS	22:10	CAN	02:20		●		●		●	
CAN	03:30	KOS	05:40	●	●	●	●	●	●	●
CAN	05:15	KOS	08:05		●		●		●	

SIHANOUKVILLE - JIEYANG / JIEYANG - SIHANOUKVILLE
LQ980-1
西哈努克港 - 揭阳 / 揭阳 - 西哈努克港
3 hours 30 minutes 3小时30分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	11:20	SWA	15:50	●			●		●	
SWA	16:50	KOS	19:20	●			●		●	

SIHANOUKVILLE - ZHENGZHOU / ZHENGZHOU - SIHANOUKVILLE
LQ975-6
西哈努克港 - 郑州 / 郑州 - 西哈努克港
4 hours 05 minutes 4小时05分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	18:55	CGO	00:15			●		●		●
CGO	06:50	KOS	10:10	●			●		●	

SIHANOUKVILLE - TIANJIN / TIANJIN - SIHANOUKVILLE
LQ832-3
西哈努克港 - 天津 / 天津 - 西哈努克港
4 hours 30 minutes 4小时30分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	03:05	TSN	08:50					●		
TSN	10:10	KOS	14:10					●		

SIHANOUKVILLE - CHANGSHA / CHANGSHA - SIHANOUKVILLE
LQ966-7
西哈努克港 - 长沙 / 长沙 - 西哈努克港
3 hours 30 minutes 3小时30分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	20:30	CSX	01:10			●		●		●
CSX	06:55	KOS	09:55	●			●		●	

SIHANOUKVILLE - KUNMING / KUNMING - SIHANOUKVILLE
LQ996-7
西哈努克港 - 昆明 / 昆明 - 西哈努克港
3 hours 30 minutes　3小时 30 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	22:20	KMG	02:00		●		●		●	
KMG	03:00	KOS	04:30			●		●		●

SIHANOUKVILLE - LINYI / LINYI - SIHANOUKVILLE
LQ856-7
西哈努克港 - 临沂 / 临沂 - 西哈努克港
4 hours 20 minutes　4 小时 20 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	08:45	LYI	14:30		●	●			●	●
LYI	15:30	KOS	19:10		●	●			●	●

SIHANOUKVILLE - PHNOM PENH / PHNOM PENH - SIHANOUKVILLE
LQ970-1
西哈努克港 - 金边 / 金边 - 西哈努克港
40 minutes　40 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	07:00	PNH	07:30		●	●		●		●
PNH	16:35	KOS	17:10		●	●		●		●

SIHANOUKVILLE - HONG KONG / HONG KONG - SIHANOUKVILLE
LQ970-1
西哈努克港 - 香港 / 香港 - 西哈努克港
4 hours 20 minutes　4 小时 20 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
KOS	07:00	HKG	12:25		●	●		●		●
HKG	13:25	KOS	17:10		●	●		●		●

PHNOM PENH - HONG KONG / HONG KONG - PHNOM PENH
LQ970-1
金边 - 香港 / 香港 - 金边
3 hours 00 minutes　3 小时 00 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
PNH	08:45	HKG	12:25	●	●	●	●	●	●	●
HKG	13:25	PNH	15:35	●	●	●	●	●	●	●

PHNOM PENH - BANGKOK / BANGKOK - PHNOM PENH
LQ670-1
金边 - 曼谷 / 曼谷 - 金边
1 hour 10 minutes　1小时 10分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
PNH	10:10	BKK	11:10	●	●	●	●	●	●	●
BKK	12:00	PNH	13:25	●	●	●	●	●	●	●

PHNOM PENH - GUANGZHOU / GUANGZHOU - PHNOM PENH
LQ908-9
金边 - 广州 / 广州 - 金边
3 hours 10 minutes　3小时 10 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
PNH	22:20	CAN	02:20		●		●		●	
CAN	03:30	PNH	05:30			●		●		●

PHNOM PENH - CHANGSHA / CHANGSHA - PHNOM PENH
LQ810-1
金边 - 长沙 / 长沙 - 金边
3 hours 30 minutes　3小时 30 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
PNH	19:10	CSX	23:25				●			
CSX	00:25	PNH	02:50					●		

PHNOM PENH - SIEM REAP / SIEM REAP - PHNOM PENH
LQ315-8
金边 - 暹粒 / 暹粒 - 金边
50 minutes　50 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
PNH	09:20	REP	10:10			●		●		●
REP	07:05	PNH	7:50	●			●		●	
REP	15:00	PNH	15:50				●			

SIEM REAP - PHNOM PENH / PHNOM PENH - SIEM REAP
LQ670-1
暹粒 - 金边 / 金边 - 暹粒
50 minutes　50 分钟

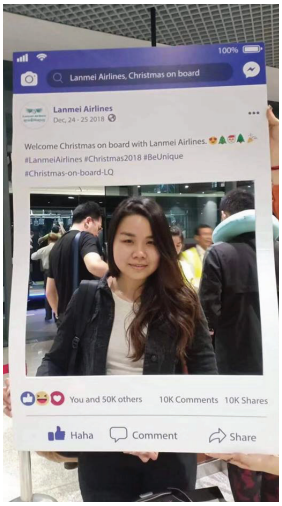
Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	08:15	PNH	09:00	●	●	●	●	●	●	●
PNH	14:55	REP	15:45	●	●	●	●	●	●	●

SIEM REAP - BANGKOK / BANGKOK - SIEM REAP
LQ670-1
暹粒 - 曼谷 / 曼谷 - 暹粒
3 hours 10 minutes　3 小时 10 分钟

Departure 起飞	Time 时间	Arrival 到达	Time 时间	M 一	T 二	W 三	T 四	F 五	S 六	S 日
REP	08:15	PNH	11:10	●	●	●	●	●	●	●
PNH	12:00	REP	15:45	●	●	●	●	●	●	●

Lanmei Events & Activities

CHRISTMAS









CHINESE NEW YEAR

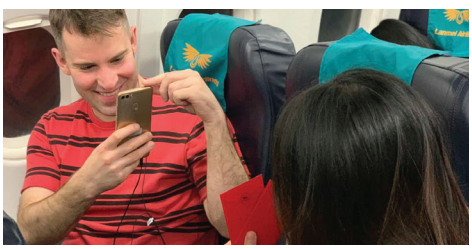














CAMBODIA LANMEI UNIVERSITY

Grand Signing Ceremony

On February 21, 2019, the Grand Signing Ceremony of Cambodia Lanmei University was held in Sofitel Phnom Penh Phokeethra Hotel. The Ceremony was witnessed by distinguished guests from SSCA and CAAC, marking that the Cambodia Lanmei University is officially landing in Phnom Penh, the Capital city of Cambodia. This University shall be co-invested by Lanmei Air Group and Yuetai Group. The distinguished guests from SSCA and CAAC expressed that more supporting in terms of relating policy, major resources and faculty team shall be given to, and hoped that Lanmei Air Group and Yuetai Group could make a joined effort to forge Cambodia Lanmei University into a Top-Class Comprehensive University among six Lanmei Nations















AVIATION SAFETY

A primary mission of Lanmei Airlines is the assurance of safety of all passengers. To accomplish this, Lanmei has promulgated a large number of regulations and has established a major division, the Office of Aviation Safety, to enforce and maintain the regulations and effectively promote safety in aviation. Within the office there are several subordinate organizations. Two of them are the Flight Standards Service (AFS), charged with overseeing aviation operations and maintenance, as well as other programs; and the Aircraft Certification Service (AIR), charged with ensuring the safety of our aircraft through regulation and oversight of their design and manufacture.

AIRCRAFT SAFETY



Lanmei Airlines is always striving for safety improvement and adheres unswervingly to sustainable safety

AIR DISPLAYS



Guidelines on the minimum safety and administrative procedures necessary to run air displays are followed.

ELECTRONIC FLIGHT



The electronic flight bag (EFB) is an electronic storage and display system designed to replace paper products in the cockpit. All AOC holders must read and comply with the civil aviation orders.

FUEL MANAGEMENT



We apply good fuel management practices and follow established procedures.

INSPECTIONS



We inspect aircrafts, facilities and processes to comply with relevant law and safety standards.

RAMP CHECKS



We do ramp checks as part of our general surveillance process to ensure that our aircraft are operated safely and in accordance with regulations.

CABIN SAFETY



Cabin safety focuses on the many ways to mitigate hazards that passengers and crew are exposed to during all phases of the flight.

Lanmei Airlines

豪記

HO KEE

Bak Kut Teh

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